

# Contract for Academic Success

University of New England  
Biddeford and Portland, Maine  
207-602-2443  
Www.bit.ly/UNESASC

Student  
Academic  
Success  
Center

Your Signature \_\_\_\_\_ Date \_\_\_\_\_

I believe in the value of a college education. In order to be successful in college, I commit to the following actions by initialing each item, indicating I have read it and understand it.

\_\_\_ I will attend every class, be on time and prepared, and complete all assignments to the best of my ability.

\_\_\_ I will participate actively in every class by asking and answering questions and volunteering for activities.

\_\_\_ I will get to know my professors, counselors, and advisors by visiting them during their office hours, asking questions, and seeking advice.

\_\_\_ I will be realistic about my goals. If I have difficulty in math, I probably shouldn't pursue an engineering degree. If I work 40 hours a week, I may not be successful by taking 6 courses.

\_\_\_ I will be a responsible participant in my education. I will not rely on counselors, advisors, coaches, or anyone else to tell me what I need to do to graduate. I will read the catalog and be accountable for my own education because it impacts me the most!

\_\_\_ I will meet at least two people in each of my classes who are willing to exchange phone numbers or e-mail addresses in order to be contacted when I miss class, when I need to get information, or just to see if they want to study together.

\_\_\_ I will write down my goals and read them nightly. I will renew my commitment to success regularly!

\_\_\_ I will plan my week and stick to it as much as possible. Time management skills are a valuable tool for success in college.

\_\_\_ I will learn about all the resources available to help me achieve my goals: campus resource centers, my instructors, instructor assistants, honor students, class advisor, topic workshops, classmates who may act as study partners, as well as support from my family.

\_\_\_ I will use positive self-talk; believing I can do it is powerful!

\_\_\_ I will discover my preferred learning style and use it to my advantage.

\_\_\_ I will talk to as many people as possible, in the classes I am taking and outside of class, about approaches for LEARNING the material. I will use as many of the approaches as I can to find the study methods that work best for me.