



1st Annual Legacy Scholars Program (LSP) Aging Research Symposium: From Voluntary Participation to Applied Scholarship

Thursday, May 11, 2023, 8:00 AM to Noon

Room 100, 1075 Forest Avenue, Portland (across from Starbucks), & Simulcast Online

5/2/23 Update

8:00 Registration, Coffee, & Fellowship

8:30 Welcome, Acknowledgements, & LSP Overview – Tom Meuser, PhD, Director, CEAH

8:50 **Pandemic-Informed Projects**

Telecollaboration in Gerontology Service-Learning: Addressing Isolation & Loneliness in a Pandemic
Shelley Cohen Konrad, PhD, Director, UNE Center for Excellence in Collaborative Education

Exploring Cross Generational COVID-19 Attitudes and Behaviors
Regi Robnett, PhD, UNE Professor Emeritus of Occupational Therapy

9:30 **Collaboration Making a Difference 1**

Results of the “MOTIVATE at Home” Oral Health Education Project

Jennifer Crittenden, PhD, Associate Director for Research, UMaine Center on Aging

Denise O'Connell, MSW, LCSW, CCM, CCP, Associate Director, Lunder-Dineen Health Education Alliance of Maine

10:00 **Brief Project Updates & Coming Soon**

A Little Gossip Each Day Keeps Loneliness Away: Attachment Style and Gossip in the Daily Life of Older Adults
Julie Longua Peterson, PhD, Associate Professor of Psychology

Who Says Older Adults Aren't Tech Savvy? Reading Comprehension on Digital Devices in Younger & Older Adults
Jennifer Stiegler-Balfour, PhD, Associate Professor of Psychology

Growing Nutrition & Aging Scholarship at UNE

Grace Violette-Hill, MS, RD, LD, Assistant Director of Clinical Dietetics

Community-Dwelling Mainers' Attitudes Toward Deprescribing Survey
Sydney Springer, PharmD, Assistant Professor of Pharmacy

Intergenerational Engagement of LGBTQ Older Adults

Hillary Powell, PhD, Former Assistant Professor of Psychology

10:50 Break

11:00 **Collaboration Making a Difference 2**

Understanding the Effects of Arsenic on Aging: Community Engaged Research with the Legacy Scholars in Assessing Arsenic and other Heavy Metals in their Drinking Water

Jane Disney, PhD, Associate Professor of Environmental Health, MDI Biological Laboratory

11:30 General Q&A

11:55 Closing Remarks (Meuser)

12:00 Adjourn & Optional Networking Lunch (food provided)

Informational Tables:

- MOTIVATE at Home
- MedRhythms
Neurotherapeutics
- Alzheimer's Association
- Hospital Elder Life Program,
Maine Medical Center