

Maine AHEC CUP Scholars

Learning Activity Checklist



To qualify for the honors distinction in the Maine AHEC Care for the Underserved Pathway, students must successfully participate – at a minimum – in the following learning activities that are focused on caring for the underserved. Participation in these activities equates to 80 hours of didactic and 80 hours of community-based experiential learning during the two to three year enrollment. For more information, visit the Maine AHEC Scholars website at www.une.edu/cupahecscholars.

AHEC Scholar programming focuses on the 8 core topic areas:

Interprofessional Education	Behavioral Health Integration	Social Determinants of Health	Connecting Communities & Supporting Health Professionals
Cultural Competency	Practice Transformation	Current and Emerging Health Issues	Virtual Learning & TeleHealth

YEAR 1:

- AHEC Scholar Orientation** – Get to know your fellow Scholars and take a deep dive into the AHEC Scholars Program (One 2-hour meeting in September)
- Community-Based Experiential Training Bootcamp** – Gain foundational and hands-on learning for the community-based experiential training opportunities throughout the year (4-hour event, Saturday morning – September)
- Didactic Lessons & Facilitated Debrief** – Participate in a combination of in-person and recorded videos on one or more of the 8 core topic areas and in facilitated debriefs (Two 2-hour evenings – Fall Semester)
- Rural Health Immersion (RHI)** – Complete a 3-day rural health immersion in Maine. RHI experiences focus on unique public health and healthcare challenges and strategies in underserved communities. This multi-day, all expenses paid opportunity combines interprofessional service learning, integrated clinical health experiences, and community-based experiences to demonstrate what it's like to live and work in rural communities in Maine.

YEAR 2:

- Maine AHEC Case Competition** – In small interprofessional teams, dissect a systemic health issue and develop a case analysis which focuses on building a better healthcare system (Summer and Fall semester)
- Health Equity Capstone** – Through clinical and community-based learning opportunities, apply the critical knowledge and skills gained through the AHEC Scholars Program to promote health, address health disparities, and improve health equity in an underserved community in Maine (40 hours during a fieldwork experience)

YEAR 1 OR YEAR 2 (ONGOING):

- Interprofessional Experiences:**
 - Reproductive Justice Leadership Program (Program Acceptance Required)
 - Interprofessional Team Immersion (CECE)
 - Expanding Healthcare Diversity Workforce Pipeline Program (Longitudinal Involvement)
 - Dr. Ling Cao at Public Health Interprofessional Team Training (UNE Only)
 - Interprofessional Geriatric Educational Program (PA Only)
- Community-Based Experiential Training:** (CBET is defined as 60 minutes of didactic learning and 2 hours of hands-on/ community-based/interprofessional learning)

Complete at least two community-based activities with associated online modules over the two years:

 - AHEC Vaccine clinic with online vaccine module and vaccine training
 - AHEC Oral Health Prevention activity with online oral health module
 - AHEC Vision & Hearing Screening with Department of Education module
 - AHEC Expanding Health Workforce Diversity school-based presentation
 - Volunteer with Portland Needle Exchange on harm reduction activities
 - UNE Service Learning Programs (Baron Canter, MEDOC, Milestone Recovery)
 - Health Careers Exploration Summer Camp on UNE Campus (June)
 - AHEC Activity at Maine's Annual Fishermen's Forum (February/March)
 - Volunteer with Preble Street in activities to address homelessness and hunger



After completing a learning activity, you will log your participation into our Activity Tracker to receive credit. The Activity Tracker can be accessed here: www.une/ahec/cup-scholars.