



Hosted by the University of New England
Tangier Campus

Sponsored by OTAM, UNE, & Glocal Impacts

المؤتمر السنوي الثاني للجمعية المغربية للعلاج الوظيفي

2nd Annual Conference of the Occupational Therapy Association of Morocco

*"Advancing Health Care and Education Through
Participation in Everyday Occupations"*



The Occupational Therapy Association of Morocco is a full member of the World Federation of Occupational Therapists. WFOT has been in official relations with the World Health Organization since 1959, undertaking a collaborative work programme with the aim of improving world health.



Free Registration and Live Streaming

www.OTAMO.org

Saturday January 4th, 2020

📍 University of New England Tangier Campus in Morocco 📍

8AM-4PM



UNIVERSITY OF NEW ENGLAND

Tangier Campus, Morocco



Address:
Avenue Abi Chouaib Doukkali, Tangier 90000, Morocco

SCAN ME FOR ADDRESS



SCAN ME FOR FULL PROGRAM





Conference Chair

Dr. Said Nafai

OTD, OTR/L, CLT, Morocco/USA

President of the Occupational Therapy Association of Morocco

OT Professor, American International College, USA

Morocco Delegate to World Federation of Occupational Therapists



Dr. Said Nafai was born and raised in Morocco. He received his Doctorate in Occupational Therapy (OT) from Boston University, USA. He is a professor of OT in the Master's Program at the American International College in the USA. He continues to work as an OT in a rehabilitation hospital and skilled nursing facilities. He is considered the father of OT in Morocco. He founded and currently serves as the president of the Occupational Therapy Association of Morocco. He has presented worldwide about the distinct value of OT and known for his advocacy to promote OT worldwide. He was awarded by the American Occupational Therapy Association the 2020 "International Service Award" for his outstanding international work. He is a member of the GATE Team, a group that is part of the World Health Organization that aims to improve access to assistive technology worldwide. He is a certified lymphedema therapist and board member of the Lymphedema Advocacy Group that aims to improve insurance coverage for compressions for lymphedema.

<https://lymphedematreatmentact.org>

Conference Committee

Mourad Benkirane
Elizabeth Stevens-Nafai
Dr. Kristin Winston

Dr. Maryam Fourtassi
Dr. Abderrazzak Hajjioui
Mariam Chrifou



Conference Keynote Speaker

Dr. Wendy Hildenbrand

PhD, MPH, OTR/L, FAOTA, USA

President of the American Occupational Therapy Association



Dr. Wendy Hildenbrand is the President of the American Occupational Therapy Association. She is Clinical Assistant Professor in the Occupational Therapy Education Department at the University of Kansas, USA. She has earned a Bachelor of Science in Occupational Therapy, Master of Public Health, and Doctor of Philosophy in Public Administration.

As an occupational therapist for thirty years, Dr. Hildenbrand's practice experience includes work in mental health settings, school-based practice, and community health contexts. Professional expertise includes leadership, policy, advocacy, population /public health, and bridging policy and practice. Her research examines role conflict in frontline Occupational Therapy professionals when implementing policies and maintaining professional values.



Distinguished Guest Speaker

Dr. Susan Wehry

MD, USA

Chief of Geriatrics, College of Osteopathic Medicine, University of New England



Dr. Susan Wehry is a medical doctor and the Chief of Geriatrics at the University of New England College of Osteopathic Medicine with over 30 years of experience as a physician leader and educator. Dr. Wehry previously served as Commissioner of the State of Vermont's Department of Disabilities, Aging and Independent Living, and in 2009 authored Oasis 2.0™, an interdisciplinary, person-centered approach to long term care that has helped transform dementia care across the United States. Dr. Wehry and her colleagues in Occupational Therapy are currently conducting research on the use of digital technology by persons living with dementia.



2nd Annual Occupational Therapy Association of Morocco Conference

Awards Ceremony

Leadership Excellence Award

P 26 - P 27

Dr. Zouhair Lahna, MD

Dr. Taoufik Lahlou

Promoting Occupational Therapy Award

P 28

Dr. Wendy Hildenbrand, PhD, MPH, OTR/L, FAOTA

Inspirational Student Award

P 29

Ikram Bakir, Student and Entrepreneur

Ayoub Chfigui, Student and Podcaster

2nd Annual Occupational Therapy Association of Morocco Conference Saturday January 4th, 2020 University of New England Tangier Campus, Morocco

“Advancing Health Care and Education Through Participation in Everyday Occupations”

Conference Chair : Dr. Said Nafai OTD, OTR/L, CLT Professor American International College & President of the Occupational Therapy Association of Morocco

Conference Committee

Mourad Benkirane
Elizabeth Stevens-Nafai
Dr. Kristin Winston

Dr. Maryam Fourtassi
Dr. Abderrazzak Hajjioui
Mariam Chrifou

Preconference Institutes Presenters Friday January 3rd, 2020 (8AM - 12PM) :

Dr. Anne MacRae PhD, OTR/L, BCMH, FAOTA, USA

Dr. Paula Rabaey PhD, OTR/L, USA

Conference Presenters January 4th, 2020 :

Keynote: Dr. Wendy Hildenbrand PhD, MPH, OTR/L, FAOTA President of the American Occupational Therapy Association

Distinguished Guest Speaker: Dr. Susan Wehry MD, Chief of Geriatrics, Department of Primary Care, College of Osteopathic Medicine, University of New England, USA

Presenters :

- Dr. Hashem Abu Tariah PhD, OT, Jordan
- Oussima Agzannay MS, OT, Morocco/Spain
- Younesse Akil PT, Morocco
- Dr. Bazah Almubark PhD, OT, Saudi Arabia
- Dr. Hadeel Bakhsh PhD, OT, Saudi Arabia
- Dr. Mouna Bellouk MD, Psychiatrist, Morocco
- Nadine Blankvoort MS, OT, Netherlands
- Dr. Monique Chabot OTD, OTR/L, USA
- Dr. Fatima Chehour OTD, OT, Lebanon
- Wafae Chouhani, Medical Student, Morocco
- Dr. Tara Collins DHS, OTR/L, USA
- Dr. Maryam Fourtassi MD, PhD, Psychiatrist, Morocco
- Dr. Abderrazzak Hajjioui MD, Psychiatrist, Morocco
- Dr. Razan Hamed PhD, OTR/L, Jordan/USA
- Dr. Moses Ikiugu PhD, OTR/L, USA
- Dr. Francisco Jesús Márquez Lanza PhD, OT, Spain
- Dr. Rahal Kamal MD, Psychiatrist, Morocco
- Dr. Kelly Lavin OTD, OTR/L, USA
- Dr. Natasha Layton PhD, OT, Australia
- Valérie Lechain OT, France
- Inmaculada Jurado Ledesma MS, OT, Spain
- Dr. Anne MacRae PhD, OTR/L, USA
- Dr. Inda Zango Martín PhD, OT, Spain
- Dr. Said Nafai OTD, OTR/L, Morocco/USA
- Elizabeth Stevens-Nafai MS, OTR/L, USA
- Dr. Paula Rabaey PhD, OTR/L, USA
- Aitor Rando Roldán OT, Spain
- Ina Roosen MS, OT
- Naima Souidi MS, OT, Morocco/Spain
- Dr. Kristin Winston PhD, OTR/L, USA

Posters Presentations will be posted by the Moroccan, American, and the European Occupational Therapy and Medical students



Hosted by the University of New England
Tangier Campus



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2nd Annual Occupational Therapy Association of Morocco Conference Pre-Conference Institutes

“Advancing Health Care and Education Through Participation in Everyday Occupations”

Psychosocial Occupational Therapy and Mental Health



Dr. Anne MacRae

PhD, OTR/L, BCMH, FAOTA
Professor Emerita of San Jose State University
The author of the book

“Psychosocial Occupational Therapy: An Evolving Practice”

Abstract : Psychosocial occupational therapy bridges medical, rehabilitative and social worldviews and can therefore provide a myriad of interventions to improve daily living skills and occupational engagement. This presentation covers the major trends in mental health and psychosocial services; prominent symptoms and stressors; and specific recovery oriented interventions and assessments.

Feeding and Mealtimes for Children with Disabilities : Evidence and Best Practice



Dr. Paula Rabaey

Ph.D., OTR/L Assistant Professor in the OT Graduate Department
at St. Catherine University, USA
Medical Advisory Board and technical feeding
expert for SPOON Foundation

Abstract : This pre-conference workshop will focus on feeding difficulties in children with a variety of conditions and disabilities including motor, sensory, and neurological problems. This introductory level workshop will identify occupational therapy’s role in feeding, eating, and mealtimes and identify evidence and best practices for addressing feeding difficulties for children with disabilities and their families.

Free Registration and Live Streaming

Friday January 3rd, 2020

University of New England Tangier Campus in Morocco.

8 AM To 12 PM

2nd Annual OT Conference Occupational Therapy Association of Morocco
Saturday January 4th, 2020
University of New England Tangier Campus, Morocco
Time Outline 8AM-4PM

"Advancing Health Care and Education Through Participation in Everyday Occupations"

8:00-8:30	Registration
8:30-8:45	Introduction & Logistics Dr. Anouar Majid, Dr. Said Nafai, Prof. Mohamed Brahimi
8:45-9:00	Dr. Moses Ikiugu PhD, OT, OTR/L
9:00-9:15	Dr. Anne MacRae PhD, OT, OTR/L
9:15-9:30	Dr. Paula Rabaey PhD, OT, OTR/L
9:30-9:45	Dr. Kristin Winston PhD, OT, OTR/L
9:45-10:00	Inmaculada Jurado Ledesma MS, OT & Aitor Rando Roldán OT
10:00-10:15	Dr. Mouna Bellouk MD, Dr. Rahal Kamal MD, & Younesse Akil PT
10:15-10:30	Dr. Kelly Lavin OTD, OTR/L & Dr. Tara Collins DHS, OTR/L
10:30-10:45	Dr. Maryam Fourtassi MD, PhD
10:45-11:15	Coffee Break, Exhibitors, & Posters Session
11:15-11:45	Panel Session : Dr. Hashem Abu Tariah PhD, OT, Dr. Bazah Almubark PhD, OT, Dr. Hadeel Bakhsh PhD, OT, Dr. Fatima Chehour OTD, OT, Dr. Razan Hamed PhD, OTR/L, Valérie Lechain MS, OT, & Dr. Said Nafai OTD, OTR/L
11:45-12:00	Dr. Natasha Layton PhD, OT
12:00-12:45	Keynote Presentation: Dr. Wendy Hildenbrand PhD, OTR/L
12:45-1:45	Lunch Break & Awards Ceremony
1:45-2:15	Distinguished Guest Speaker : Dr. Susan Wehry MD
2:15-2:30	Ina Roosen MS, OT & Elizabeth Stevens-Nafai MS, OTR/L
2:30-2:45	Nadine Blankvoort MS, OT
2:45-3:00	Dr. Said Nafai OTD, OTR/L
3:00-3:10	Oussima Agzannay MS, OT & Naima Souidi MS, OT
3:10-3:20	Dr. Abderrazak Hajjioui MD
3:20-3:30	Dr. Monique Chabot OTD, OTR/L
3:30-3:40	Dr. Inda Zango Martín PhD, OT
3:40-3:50	Dr. Francisco Jesús Márquez Lanza PhD, OT
3:50-4:00	Wafae Chouhani, Medical Student
4:00	Conclusion & End of Conference
7:00-8:00	Oud al Ramal Musical Group. All attendees are welcome UNE Tangier Campus

Introduction

Dr. Anouar Majid & Prof. Mohamed Brahimi

Dr. Anouar Majid PhD



Professor Anouar Majid is the Vice President for Global Affairs and director of the Center for Global Humanities at the University of New England. He conceived and established UNE's campus in Tangier and oversees UNE's operations in Morocco. Dr. Majid has published widely on relations between Islam and the West. He was the co-founder and editor-in-chief of the print magazine *Tingis*, a Moroccan-American magazine of ideas and culture, which he now edits online at Tingismagazine.com.

Prof. Mohamed Brahimi



Mr. Mohamed Brahimi kicked off his academic career by earning a degree in Journalism from Suffolk University in Boston, as well as a graduate Degree in Political Science. Brahimi went on to receive a certificate in Civic Leadership.

He then worked with the Harvard University "Islam in the West" research team and the Harvard Catalyst program. Mr. Brahimi currently teaches at Worcester Polytechnic Institute. Mr. Brahimi's achievements span many areas, chief amongst them:

- Founder and managing editor of *Al Arab News*.
- Founder of The Moroccan American Civic and Cultural Association
- Board Director in one of Massachusetts largest cap agency
- Named Muslim Leader of Tomorrow (MLT) in 2009

Dr. Moses Ikiugu PhD, OTR/L, Kenya/USA



Dr. Ikiugu is Professor and Director of Research in the Occupational Therapy program, University of South Dakota, USA. He has been an occupational therapist for 34 years and has conducted research and published articles extensively covering Occupational Therapy theory, occupational science, and the nature and use of meaningful occupations in therapy. His publications include three books: Psychosocial conceptual practice models (2007); Occupational science in the service of Gaia (2008); and Meaningful Living through Occupation: A guide to every-day life (2015) with Nick Pollard of Sheffield Hallam University in England. Dr. Ikiugu is the USA Delegate in World Federation of Occupational Therapists.

Title: Human Beings are the Authors of Meaning in their Existence: Occupational Therapists are the Architects to help them Construct Ultimately Meaningful Lives

Abstract: Human beings strive for meaningful lives. Through occupational participation, people can make a conscious choice of how they want to construct this meaning by telling their desired life stories through deliberate choice of the right occupational routines. Occupational Therapy practitioners are the architects to help them tell those life stories.

Learning Objectives: After attending this presentation, attendees will be able:

1. Decide what life stories they want to write through their occupational participation
2. Choose occupations that would help them write those stories
3. Construct occupational habits, routines, and roles incorporating the chosen occupations

Dr. Anne MacRae PhD, BCMH, FAOTA, OTR/L, USA



Dr. Anne MacRae is a Professor Emerita of San Jose State University where, in addition to teaching, she was the director of the post-professional master's program and supervisor of the psychosocial Occupational Therapy clinic. She is the author of Psychosocial Occupational Therapy: An Evolving Practice, currently in its 4th edition. In 1997, Dr. MacRae was a Fulbright Fellow in the country of Malta, and continues to be a frequent guest lecturer and consultant, nationally and internationally. Anne has also developed community programs in rural areas, practiced in an urban psychiatric hospital, and currently works with at risk and traumatized youth

Title: Understanding and Reducing the Stigma of Mental Illness

Abstract: Stigma is a constellation of unjust beliefs based on superficial generalizations resulting in prejudice and discrimination. Multiple studies have shown that over 90% of people with mental illness have experienced feeling stigmatized. This presentation highlights the roles of service users and providers, community members, families, and organizations in reducing stigma.

Learning Objectives: After attending this presentation, attendees will be able to:

1. Define the harm caused by stigma, both to individuals and to society
2. Name four different types of stigma and provide examples of each type
3. Implement strategies for stigma reduction in work settings and communities

Dr. Paula Rabaey PhD, OTR/L, USA



Dr. Paula Rabaey is an Assistant Professor in the OT Graduate Department at St. Catherine University, USA. Her clinical background includes 25+ years of experience working with children with disabilities and their families in school, home, and community settings. She specializes in feeding difficulties in children with a variety of diagnoses and has worked in the USA and abroad. She serves on the medical advisory board and as a technical feeding expert for SPOON Foundation and has traveled internationally to conduct trainings on feeding children with disabilities. Paula also focuses on infant and child social-emotional development and mothering co-occupations with young children.

Title: Early mealtime experiences: Child and family co-occupational participation

Abstract: This presentation will discuss the occupation of family mealtimes with young children in the context of varying cultural roles, routines, and rituals. Evidence on the importance of the early mealtime experience will be discussed including nutrition, early attachment and bonding, and occupational development of young children.

Learning objectives: After attending this presentation, attendees will be able to:

1. Understand mealtime as a valuable occupation for young children and their families
2. Explain how early mealtime experiences contribute to occupational development in young children
3. Appreciate cultural differences and similarities in mealtime routines around the world

Dr. Kristin Winston PhD, OTR/L, FAOTA, USA



Dr. Kristin Winston has been an occupational therapist for over 34 years. She is the Program Director and Associate Professor in the Occupational Therapy Master's Program at the University of New England. Her clinical practice has focused on working primarily with children and their families with a specialization in early intervention and family occupations. Dr. Winston has a keen interest in family centered care and providing services that focus on family concerns and interests. Dr. Winston research and scholarship focus are related to working with children and families.

Title: Early Intervention and Family Centered Care

Abstract: This presentation will focus on family centered care principles in early intervention. Best practice for OT services with children birth to three years of age and their families will be explored.

Learning objectives: After attending this presentation, attendees will be able to:

1. Identify principles of family centered care
2. Discuss service delivery models for early intervention
3. Explore the coaching model in early intervention through a case study

Inmaculada Jurado Ledesma MS, OT Spain



Inmaculada Jurado Ledesma is an occupational therapist who graduated with a Bachelor's degree in Occupational Therapy from the University of Malaga, Spain.

She has a Master's degree in Physical Activity and Health from the University Pablo Olavide, Seville, Spain and a Master's degree in Management and Direction from Socio-Sanitary Centers La Salle University, Madrid, Spain. She is the coordinator and trainer of "In Their Shoes" at the Asociación Juvenil Almenaras in Malaga. Inmaculada currently works as an Occupational Therapist at Hogar Ntra. Sra. de los Ángeles where she works with older adults. She is also the co-founder of "TO en Casa".

Aitor Rando Roldán OT Spain



Aitor is an occupational therapist who graduated with a Bachelor's degree in Occupational Therapy from the University of Malaga, Spain. He is the President of Asociación Juvenil Almenaras and trainer of the "In Their Shoes" program that promotes understanding of disability and inclusion in Spain.

Title: In Their Shoes

Abstract: "In Their Shoes" is a project based on non-formal education, focused on giving tools to enable full participation of people with disabilities in meaningful daily activities to professionals outside the health field and highlighting the need of a transversal approach when talking about inclusion.

Learning objectives: After attending this presentation, attendees will be able to:

1. Identify the need for a transversal approach in the inclusion of people with functional diversity
2. Understand the power of experience-based learning when educating about inclusion
3. Understand how international cooperation can spread this message around the world

10:00-10:15AM

Dr. Mouna Bellouk MD, Psychiatrist, Morocco



Dr. Mouna Bellouk is a medical doctor and a psychiatrist. She graduated from the Pharmacy and Medical School at the University of Casablanca. Dr. Bellouk is a Specialist physician at Noor Rehabilitation Center in Casablanca, Morocco which is the first inpatient rehabilitation facility in the Kingdom of Morocco. She received her sport medicine training at the University Pierre & Marie Curie in Paris, France. She has training diplomas in echography musculoskeletal, osteopathic, and Botox injections.

Dr. Rahal Kamal MD, **Physiatrist, Morocco**



Dr. Rahal Kamal is a medical doctor and a physiatrist specialist at Noor Rehabilitation Center, in Casablanca, Morocco which is the first inpatient rehabilitation facility in the Kingdom of Morocco.

Dr. Kamal received his advanced medical training inside and outside Morocco in cardiopulmonary rehabilitation, chronic diseases, and aging.

Younesse Akil PT, **Morocco**



Youness Akil is a physical therapist at the Noor Rehabilitation Center in Casablanca, Morocco. Mr. Akil is an active member of the Occupational Therapy Association of Morocco. He was trained by occupational therapists from Europe in 2014. He combines his knowledge of physiotherapy and Occupational Therapy to better serve the people who he has the honor to serve.

Title: Inpatient Rehabilitation in Morocco

Abstract: The term "Inpatient Rehabilitation" is still a new model in the health care system in the Kingdom of Morocco. The first inpatient rehabilitation hospital in Morocco is the Noor Hospital Center which is dedicated to patients with physical disabilities requiring rehabilitation. We will shed light in this presentation about the services offered at this center, our interdisciplinary team, and the services we provide to clients to help them recover and maximize their function.

Learning objectives: After attending this presentation, attendees will be able to:

1. Learn about the status of inpatient rehabilitation in Morocco
2. Learn about the services that are provided at the Noor Rehabilitation Center
3. Learn about population that seek services at the Noor Rehabilitation Center

Dr. Kelly A. Lavin OTD, OTR/L, USA



Dr. Kelly Lavin has been an occupational therapist for over 18 years, specializing in the area of pediatrics. Dr. Lavin is currently the Program Director for New York Institute of Technology's (NYIT) Occupational Therapy MS program. Prior to this role, Dr. Lavin was the Academic Fieldwork Coordinator at NYIT. She has presented locally, nationally and globally on the topic of fieldwork education. Her research interests include sensory processing disorder, executive dysfunction, and fieldwork education.

Dr. Lavin was a classmate of Dr. Nafai during their Doctorate program at Boston University and feels passionate about promoting OT in Morocco. She came in January 2018 with her students and will be in January 2020 with her NYIT OT students volunteering and promoting OT in Morocco.

Dr. Tara Collins DHS, OTR/L, USA



Dr. Tara Collins is an assistant professor and the academic fieldwork coordinator at Touro College in Bay Shore, New York, USA since 2007. She has been a licensed Occupational Therapy clinician since 1999. Her research interests include anti-bullying and fieldwork education. Tara's clinical specialties include pediatrics and adult rehabilitation.

Dr. Collins came to Morocco with her OT students 3 years in the row to help in promoting OT in Morocco.

Title: Becoming a Fieldwork Educator

Abstract: It is the professional responsibility of every Occupational Therapy practitioner to become a fieldwork educator (FWE); however, assuming this role is a process which requires time, dedication to the profession, and active learning. It is imperative that therapists understand the different models of fieldwork education that can be incorporated into their practice setting. They must develop the skills necessary to successfully supervise students and they need to locate and utilize available tools which can support them in this role.

Learning objectives: After attending this presentation, attendees will be able to:

1. Understand and articulate different models of fieldwork supervision
2. Understand and articulate the skills necessary for successful fieldwork supervision
3. Articulate available tools that support fieldwork education

Dr. Maryam Fourtassi MD, PhD, Psychiatrist, Morocco



Associate professor of Physical and Rehabilitation Medicine in the Faculty of Medicine of Oujda. She is the head of department of Physical Rehabilitation in the University Hospital of Oujda. PhD in Cognitive Neurosciences, from the University of Lyon, France. Co-founder of the Neurocampus platform, for medical students. Member of the mental health and disability team in the laboratory of epidemiology, clinical research and public health.

Titles: Daily Occupational Challenges Facing Medical Students: Strategies on Students Empowerment

Abstract: Many medical students feel that their entire life has changed to a life that they were not prepared for. Sleepless nights, struggles in maintaining good grades, and keeping up with the competition are some of the challenges these students face while attending medical schools and rotations. In this presentation we will shed light on these challenges and how it affect students' engagement in satisfying daily occupations. We will also propose some of the strategies that can help students succeed in school while maintain life balance.

Learning Objectives: After attending this presentation, attendees will be able to:

1. Identify some of the demands posed on students while attending medical schools
2. Identify students' challenges while attending medical schools
3. Learn some of the strategies that can help students succeed and maintain life balance



Coffee Break, Exhibitors, and Posters Session
Posters Session

Poster Title: The Need for Occupational Therapy in the Moroccan Rehabilitation Settings: Current Situation, Challenges, and Future Outlook

Presenter: Dr. Siham El Mir, MD

Occupational Therapy Students
Morocco

ISPITS Occupational Therapy Bachelor Program Rabat, Morocco

Poster Title: "The Role of Moroccan's Craft in Occupational Therapy"

Presenters:

Salma Saffour OT/s
Amina El Ghouathe OT/s
Rokaya Lebyad OT/s
Chaimae Kamal OT/s
Fatimazhra Miza OT/s
Dr. Said Nafai OTD, OTR/L, CLT

Poster Title: "Backpack Pain in Children: a Low Cost Application for Pain Prevention & Maximizing Function in Schools"

Presenters:

Abdelhakim Lahna OT/s
Zakaria Ikhlef OT/s
Youssef El Houti OT/s
Siham Ait Amghar OT/s
Ismail Iziki OT/s
Valerie Lechain MS, OT

Poster Title: "Involving Family as a Team Member During Occupational Therapy Treatments for Optimal Outcomes"

Presenters:

Ghita Alaoui OT/s
Hafsa Achebri OT/s
Jamila Jaouhari OT/s
Ibtihal Tafziouine OT/s
Chaimae Alloumi OT/s
Dr. Said Nafai OTD, OTR/L, CLT

Poster Title: "The History of Occupational Therapy in Morocco"

Presenters:

Abdeljbar El Kass OT/s
Wadie Mahouni OT/s
Ayoub Bekari OT/s
Lamhandaz Mohammed OT/s
Atfi Mohammed OT/s
Dr. Abderrazak Hajjioui MD, Psychiatrist

USA

University of New England Occupational Therapy Master's Program, Maine, USA

Poster Title: "Trauma Sensitive Care in MH Settings: The New Universal Precautions and Implications for Occupational Therapy"

Presenters:

Avery Alberghini OT/s
Maighan LeBlanc OT/s
Maddie Kirchner OT/s
Laura Garrard OT/s
Alyssa Germanos OT/s
Olivia Gatter OT/s
Alina DeCarolis OT/s
Meghan Bowler OT/s
Jordan Sanders OT/s
Kristin Winston PhD, OTR/L, FAOTA

Poster Title: "Psychosis: Reframing Occupational Therapy Practitioners' Approach to Support Development of Therapeutic Relations and Occupational Participation"

Presenters:

Casey Imelio OT/s
Ashlyn Szabo OT/s
Courtney Jacob OT/s
Victoria Fabila OT/s
Leeza Seelbach OT/s
Kathryn Froning OT/s
Bethany Gruskin OT/s
Haley McOsker OT/s
Kathleen Broussard OT/s
Jan Froehlich MS, OTR/L

Poster Title: "The Role of OT in Acute Care Settings"



Presenters:

Daryan Lamire OT/s
Marcella Cimarelli OT/s
Jessica Trupiano OT/s
Josua Pastor OT/s
Stacey Beatty OT/s
Rylee Weinstein OT/s
Elizabeth Banville OT/s
Meggie Olson OT/s
Kristy Moody OT/s
Elizabeth Crampsey EdD, MS, OTR/L, BCPR

Columbia University Occupational Therapy Master's Program, New York, USA

Poster Title: "Title: History of Occupational Therapy in the United States"

Presenters:

Lauren Chan OT/s
Joanna Kantilierakis OT/s
Devin Czuj OT/s
Amanda O'Connor OT/s
Leslie Peralta OT/s
Sally Zhang OT/s
Dr. Pat Precin PhD, OTR/L
DR. Razan Hamed PhD, OTR/L

Poster Title: "Occupational Therapy in New York"

Presenters:

Lauren Berry OT/s
Haley Congdon OT/s
Kealapuanani Lam OT/s
Carely Quirin OT/s
Dilasha Shrestha OT/s
Nicolette Vigna OT/s
Dr. Razan Hamed PhD, OTR/L
Dr. Pat Precin PhD, OTR/L

New York Institute of Technology (NYIT) & Touro College Occupational Therapy Master's Program, New York, USA

Poster Title: "Occupational Therapy's Role in the Treatment of Dementia"

Presenters:

Kaitlyn Sullivan OT/s -NYIT
Quinn O'Brien OT/s -NYIT
Paulette Palminteri OT/s -NYIT
Julie Shelley OT/s -NYIT
Jillian Sutera OT/s -NYIT
Dr. Kelly Lavin OTD, OTR /L -NYIT
Dr. Tara Collins DHS, OTR/L -Touro College

Poster Title: "Occupational Therapy's Role in the Treatment of Autism Spectrum Disorder"

Presenters:

Halle Goldberg OT/s -NYIT
Sabrina Toppi OT/s -NYIT
Carla Bazan OT/s -NYIT
Christie Conway OT/s -NYIT
Dr. Kelly Lavin OTD, OTR/L -NYIT
Nicole Eckstein OT/s -Touro College
Dr. Tara Collins DHS, OTR/L -Touro College

SPAIN

Malaga University Occupational Therapy Bachelor Program, Malaga, Spain

Poster Title: "The Role of Occupational Therapy in the Orphanage Setting"

Presenters:

Elisa Tauste Molina OT/s
Ma. Sofía Molina Íñigo OT/s
Ana Galiano Andrades OT/s
Marina Aguayo Aguilar OT/s
Dr. Francisco Jesús Márquez Lanza PhD, OT

Dr. Hashem Abu Tariah PhD, OT

Dr. Bazah Almubark PhD, OT

Dr. Hadeel Bakhsh PhD, OT

Dr. Fatima Chehoury OTD, OTR

Dr. Razan Hamed PhD, OTR/L

Valérie Lechain MS, OT

Moderated By: Dr. Said Nafai OTD, OTR/L, CLT

Dr. Hashem Abu Tariah PhD, OT, Jordan



Dr. Hashem Abu Tariah received his Master's in OT from the University of Southern California & PhD from Texas Woman's University. He was the OT department Chairman, Assistant Dean, and Associate Dean at the Hashemite University/Jordan. He is the Jordanian Delegate to the World Federation of Occupational Therapists. For the last five years he worked as an associate professor of OT at King Saud University Health Sciences in Saudi Arabia. Dr. Abu Tariah, has several publications in well recognized peer reviewed OT Journals about stroke rehabilitation, OT professional and educational issues and development, adaptation and quality of life, and OT for physical disabilities.

Dr. Bazah Almubark PhD, OT, Saudi Arabia



Dr. Bazah Almubark is a Qualified Consultant Occupational Therapist. She completed a PhD from the University of Plymouth, UK. Her PhD focused on assessing cognitive functions among patients with Acquired Brain Injury. She received a MSc. in Neurorehabilitation from Oxford Brooks University, UK and a B.Sc. (Hons.) in Occupational Therapy from Brunel University, UK. She works in a rehabilitation hospital in Saudi Arabia where she provides specialized cognitive rehabilitation services to adult patients. Her professional interests focus on developing/adapting cognitive assessment tools, examining patients' cognitive functioning and establishing cognitive rehabilitation programs.

Dr. Hadeel Bakhsh PhD, OT, Saudi Arabia



Dr. Hadeel R. Bakhsh is assistant professor of OT at Princess Nourah Bint Abdulrahman University in Saudi Arabia. Dr. Bakhsh is among the first professionals to represent the OT field in Saudi Arabia. She earned her Bachelor Degree from Brunel University and is the first and youngest Saudi to earn a PhD in 2015 as an OT with focus on Outcome Measures. Recently, she was awarded the Hubert H. Humphrey Fellowship in the field of higher education administration in Rehabilitation at Penn State University for the year 2017/2018. Dr. Bakhsh currently is the Vice President of the Saudi Occupational Therapy Association, and the Co-Founding member of Tawasool Association for Assistive Technology and Disability.

Dr. Fatima Chehouri-Nasser OTD, OT Lebanon/USA



Dr. Fatima Chehouri-Nasser is the President of the Lebanese Occupational Therapists Syndicate. She received her doctorate in Occupational Therapy from Philadelphia/Jefferson University, USA. Dr. Nasser received extensive training at Johns Hopkins University Hospital in USA followed by a full time senior position at the facility. She held numerous faculty posts nationally and internationally.

Dr. Nasser is the director and owner of a private practice in Beirut Lebanon addressing traumatic brain injury, learning disabilities, and other neurological disorders. Her work also involves collaborating with local and international NGOs for conducting workshops and professional development seminars within the realm of Occupational Therapy. Her expertise is in the area of cognitive rehabilitation with emphasis on the psychosocial model of occupational participation.

Dr. Razan Hamed PhD, OTR/L Jordan/USA



Dr. Razan Hamed is an Associate Professor in Occupational Therapy at Columbia University in New York, USA. She graduated with a Ph.D. in Rehabilitation Sciences from the University of Pittsburgh USA. She has worked in different clinical areas including mental health and neurological disorders. She published several research articles and projects regarding the adaptation of assessment tools for OT practitioners and the exploration of the effect of environment on well-being and functioning in a number of clinical populations. Dr. Hamed is currently exploring rehabilitation approaches for individuals with substance abuse. Dr. Hamed worked at several academic institutions including the University of Jordan, The University of New Hampshire, and New York Institute of Technology.

Valerie Lechain MS, OT France/Morocco



Valerie Lechain is a proud member of the Occupational Therapy Association of Morocco. She graduated as an occupational therapist from Montpellier, France in 1990 and has a Master's degree in Social Politics and Management Strategy from Paris XIII University. Initially, she worked in Neurology and Psychiatry. Now she works with children with cerebral palsy and other disabilities. Valerie was the head of Paramedical Service at CME and a Headmistress of a specialized guest house. In 2011, Valerie decided to live in Morocco due to her love for this fascinating Kingdom. She has been part of many associations. Valerie is now the supervisor of the internship and students fieldwork educator in the only occupational therapy program in Morocco.

Title: The Status of Occupational Therapy in the Arab World: Gains, Challenges, and Opportunities

Abstract: Occupational therapy (OT) in the Arab World is a novice subject compared to some other parts of the world. Several Arab countries have now OT education and OT services available for their citizens. Statistics related to OT in the Arab world will be discussed. This presentation will shed light on gains, challenges, and opportunities related to OT in the Arab world.

Learning Objectives: After attending this presentation, attendees will be able to:

1. Learn about the availability of OT education and practice in the Arab world
2. Learn about gains and opportunities for OT practice and education in the Arab world
3. Learn about some of the challenges facing OT practice and education in the Arab world

Dr. Natasha Layton PhD, OT, Australia



Dr. Natasha Layton is an occupational therapist researching, teaching and practicing in the area of assistive technology. She is a senior lecturer in Occupational Therapy at Swinburne University of Technology in Melbourne, Australia.

Dr. Layton is the President of the Australian Rehabilitation and Assistive Technology Association. Natasha writes and researches with consumers as partners, and is active in systemic advocacy and policy change nationally and internationally. She represents Australia on the International Standards Organization for the assistive products classification and terminology standard, and consults to the World Health Organization with the Global Access to AT initiative.

Title: Assistive Technologies for Participation in Everyday Occupations

Abstract: Occupational therapists are experts at matching assistive products to people, occupations and environments. This work can be challenging and is influenced by many factors out of the occupational therapists' control. This session presents strategies for occupational therapists to deliver great outcomes from Australia and beyond.

Learning objectives: After attending this presentation, attendees will be able to:

1. Consider the relationship between occupational therapy practice, research, and policy
2. Learn about outcome measurement in assistive technology
3. Be inspired to engage in systemic occupational therapy practice

Keynote Speaker

Dr. Wendy Hildenbrand PhD, MPH, OTR/L, FAOTA, USA



Dr. Wendy Hildenbrand is the President of the American Occupational Therapy Association. She is Clinical Assistant Professor in the Occupational Therapy Education Department at the University of Kansas, USA. She has earned a Bachelor of Science in Occupational Therapy, Master of Public Health, and Doctor of Philosophy in Public Administration. As an occupational therapist for thirty years, Dr. Hildenbrand's practice experience includes work in mental health settings, school-based practice, and community health contexts. Professional expertise includes leadership; policy; advocacy; population /public health; and bridging policy and practice. Her research examines role conflict in frontline Occupational Therapy professionals when implementing policies and maintaining professional values.

Title: Professional Sustainability: Occupational Therapy Relevance and Resilience

Abstract: In Morocco, Occupational Therapy is an evolving profession navigating new waters in health care and education/academic environments. Occupational Therapy must be recognized as essential to changing health service needs. Dr. Hildenbrand promotes meaningful yet strategic relationships, personal and professional resilience, and authentic practice to assure Occupational Therapy's relevance and sustainability.

Learning objectives: After attending this presentation, attendees will be able to:

1. Recognize present and future growth opportunities for Occupational Therapy
2. Prioritize professional practice goals and resources to secure our position within health care systems
3. Identify strategies to support clinician well-being and positive practice

Lunch Break & Awards Ceremony



2nd Annual Conference Occupational Therapy Association of Morocco

Awards Ceremony

Leadership Excellence Award

The Occupational Therapy Association of Morocco and its members are honored to award **Dr. Zouhair Lahna** the **Leadership Excellence Award** as a recognition for his immeasurable work and leadership inside and outside Morocco for saving lives and teaching generations of doctors and midwives on how to save the lives of new born and their mothers.

<https://www.facebook.com/ajplusenglish/videos/601941123537515/>



Dr. Zouhair Lahna MD

Dr. Zouhair Lahna MD, is an Obstetric Surgeon and the former head of the University of Paris. He is the Director of the Injab Center for Reproductive Health for Refugees and the Deprived in Casablanca, Morocco. Dr. Lahna is the reproductive health advisor within UOSSM Union of Healthcare and Medical Organizations for surgery and training missions of gynecologists and midwives for Syrian refugees.

Dr. Lahna has been a Humanitarian doctor since 1998. He has carried out missions in Africa and the Middle East with world-renowned organizations such as "Doctors Without Borders", "Doctors of the World", and other organizations. He was the Vice President of International Medical Aid and General Secretary of Gynecology Without Borders (GWB). He travels throughout Morocco to train doctors, medical students, and midwives in proper techniques for delivering babies. His works has led to decline in newborn mortalities and minimizing some of birth deficiencies such as cerebral palsy.



2nd Annual Conference Occupational Therapy Association of Morocco

Awards Ceremony

Leadership Excellence Award

The Occupational Therapy Association of Morocco and its members are honored to award **Dr. Taoufik Lahlou** the **Leadership Excellence Award** as a recognition for his outstanding work and leadership as the president of the Islamic Charity in Kenitra, Morocco in helping tens of thousands of children for decades to find homes outside their homes. In addition to his work in helping people with disability and older adults in the only nursing home in Kenitra is noteworthy.



Dr. Taoufik Lahlou

Dr. Taoufik Lahlou received his doctorate in Pharmacy from the University of Medicine and Pharmacy in Bordeaux, France. He believes in the power of education to improve societies. He has four children in which two of them are doctors and two are engineers.

Dr. Lahlou leads many leadership roles in Morocco for many years and is an icon in the city of Kenitra. He has helped thousands of orphans or poor children find home in the Islamic Charity Center where many of them now lead very successful lives.

Dr. Lahlou through his Al Karama (Dignity) Association thousands of people with disability or rehabilitation needs from Kenitra and the surrounding regions are able to get therapy to improve their health.

Dr. Lahlou serves as:

- President of the Muslim Charity Association of Kenitra
- President of Al Karama Association of People with Disability
- President of the Kenitra Festival Association
- President of the Association for the Preservation of the Koran and the Traditions of the Prophet
- Member of the International Association of Pharmacy Doctors
- Member of the Provincial Commission of INDH Kenitra
- Member of the INDH Gharb-Charda Regional Commission Beni Hssen
- President of SANAD (Support) Association for Social Actions



2nd Annual Conference Occupational Therapy Association of Morocco Awards Ceremony

Promoting Occupational Therapy Award

The Occupational Therapy Association of Morocco and its members are honored to award **Dr. Wendy Hildenbrand** the **Promoting Occupational Therapy Award** as a recognition for taking the time to be the keynote at OTAM 2nd Annual Conference and for promoting OT throughout Morocco with students and faculty during her trip to Morocco as the president of the American Occupational Therapy Association.

Dr. Wendy Hildenbrand

PhD, MPH, OTR/L, FAOTA, USA

President of the American Occupational Therapy Association



Dr. Wendy Hildenbrand is the President of the American Occupational Therapy Association. She is Clinical Assistant Professor in the Occupational Therapy Education Department at the University of Kansas, USA. She has earned a Bachelor of Science in Occupational Therapy, Master of Public Health, and Doctor of Philosophy in Public Administration.

As an occupational therapist for thirty years, Dr. Hildenbrand's practice experience includes work in mental health settings, school-based practice, and community health contexts. Professional expertise includes leadership, policy, advocacy, population /public health, and bridging policy and practice. Her research examines role conflict in frontline Occupational Therapy professionals when implementing policies and maintaining professional values.



Awards Ceremony

Inspirational Student Award

The Occupational Therapy Association of Morocco and its members are honored to award **Ikram Bakir** the **Inspirational Student Award** as a recognition for her perseverance and positive look to life regardless of obstacles that she is faced with to live her life fully.

Ikram Bakir Student and Entrepreneur



Ikram Bakir is a 24 year-old student and entrepreneur in the city of Fes, Morocco. Her motto is "Living Beyond Independence Without Hands". She was born without hands. Despite Ikram being born without hands, she is leading a very independent and successful life. She is a student at a Journalism institution besides being a business owner. Ikram hopes to be the first female TV Anchor with a disability in the Arab World. Ikram loves to travel and share her positive energy with people to inspire those with disability and without disability to live their life fully. Ikram's smile and energy are infectious. Ikram was invited recently to Qatar and to South Africa to share her story with the world that with perseverance and passion you can overcome obstacles regardless of your disability.

The Occupational Therapy Association of Morocco and its members are honored to award **Ayoub Chfigui** the **Inspirational Student Award** as a recognition for his perseverance and compassion to improve the lives of others despite the challenges that he is faced with daily.

Ayoub Chfigui Student and Podcaster



Ayoub Chfigui was born blind in Agadir, Morocco. He is a 27 year-old. Ayoub graduated from Ibn Zhor University in Agadir with a Law degree. However, since he likes sports, Ayoub decided to study something else that can allow him to be near sport but at the same time will be able to help people regain their strength and minimize their pain. Therefore, he decided to study physical therapy at ISPITS Rabat. He will be graduating in June 2020. Ayoub speaks English fluently and he learned English in less than 2 years. He is a member of the Community Service Program of the American Language Center in Rabat. He created a podcast (Learn Arabic Pod) to help English Natives to learn the Arabic language. Besides sport, Ayoub enjoys listening to books, especially scientific books. Ayoub loves sport, he presented Morocco in the Blind Soccer African Cup of Nations in 2014. Ayoub's dream is to become a physical therapist and to have his own clinic. He hopes he will be able to get his doctorate in the USA via the Fulbright Scholarship Program.

Distinguished Guest Speaker

Dr. Susan Wehry MD, USA



Dr. Susan Wehry is a medical doctor and the Chief of Geriatrics at the University of New England College of Osteopathic Medicine with over 30 years of experience as a physician leader and educator. Dr. Wehry previously served as Commissioner of the State of Vermont's Department of Disabilities, Aging and Independent Living, and in 2009 authored Oasis 2.0™, an interdisciplinary, person-centered approach to long term care that has helped transform dementia care across the United States. Dr. Wehry and her colleagues in Occupational Therapy are currently conducting research on the use of digital technology by persons living with dementia.

Title: Sounds of Silence: Ending the Stigma of Dementia

Abstract: Assumptions and fears about Alzheimer's disease often stigmatize persons living with dementia and contribute to a reluctance to share the diagnosis. This presentation invites participants to think anew about dementia and demonstrates how a focus on strengths, stories and personhood can lead to better support for living well with dementia.

Learning objectives: After attending this presentation, attendees will be able to:

1. List the domains of well-being that sustain a sense of personhood
2. Discuss hesitations to disclosing a diagnosis that may be unique to Alzheimer's disease
3. Describe a person-centered, strength-based approach to dementia care

Ina Roosen MS, OT, Germany



Ina Roosen received her MSc in Occupational Therapy and is currently a PhD candidate. She is a Research Associate at the University of Applied Health Sciences in Bochum in Germany. She has more than ten years of work experience as an OT in the fields of pediatrics primarily in Germany, though she has also practiced in South Africa and Thailand. She is focusing on the (co-)occupations of children in the age of three to six years and their parents and caregivers. Currently, she is the WFOT delegate for the German Association of Occupational Therapists.

Elizabeth Stevens-Nafai MS, OTR/L, CLT, USA



Elizabeth Stevens-Nafai has been an occupational therapist for over a decade. She has a Master's Degree in OT. Her specialty is pediatrics, she currently works in the schools with children with severe to mild disabilities. Elizabeth also teaches sensory regulation and processing, a modality she uses in her work with teens in residential mental health. As a certified lymphedema therapist, Elizabeth has a private practice working on lymphedema management for women post breast cancer. Elizabeth has been promoting OT in Morocco with her husband Dr. Said Nafai for many years. Elizabeth's research is centered on growth in clinical reasoning skills in OT students and co-published a chapter titled "Global Perspectives on Occupational Therapy Practice" in the "OT Manager" book.

Title: Play as Being

Abstract: Play is a valuable occupation for children with and without disabilities to develop skills needed for everyday life. However, play for children with disability is even more important to facilitate skills developments. Explore the concepts of cultural relevance related to play in this presentation, as well as the overall importance of play as a developmental milestone.

Learning objectives: After attending this presentation, attendees will be able to:

1. Define play as it relates to occupation for children
2. Name two ways play encourages development
3. State how play can be adapted for children with disabilities

Nadine Blankvoort MS, OT, Canada/Netherlands



Nadine Blankvoort, originating from Canada, currently living in the Netherlands, is trained in Occupational Therapy and Global Health. Nadine has worked in Canada, the Netherlands and in various international settings such as Indonesia and India in a variety of clinical and community Global health projects. Nadine is currently employed as coordinator for Internationalization and Diversity at Amsterdam University of Applied Sciences. She works as an instructor in the School of Occupational Therapy and coordinates the Minor in Global Health. Additionally, Nadine is PhD research candidate in the area of refugee civic-integration programs. She leads the OT-Europe interest group in displaced persons.

Title: Occupational Therapy and science with Migrants

Abstract: Occupational Therapy has its roots as a profession in social advocacy. OT work with migrants and refugees pushes our profession to move beyond the medical model with which it has aligned, and return to these roots. This presentation will explore the current contributions of Occupational Therapy and occupational science to improving the situation of migrants.

Learning objectives: After attending this presentation, attendees will be able to:

1. Critically reflect on the role of Occupational Therapy with migrant population
2. Gain knowledge on current practices involving Occupational Therapy and occupational science with individuals with a migrant history
3. Consider the shifts in education required to prepare students to take on work with migrant populations

Dr. Said Nafai OTD, OTR/L, CLT, Morocco/USA

President the Occupational Therapy Association of Morocco
OT Professor, American International College



Dr. Said Nafai was born and raised in Morocco. He received his Doctorate in Occupational Therapy (OT) from Boston University, USA. He is a professor of OT in the Master's Program at the American International College in the USA. He continues to work as an OT in a rehabilitation hospital and skilled nursing facilities. He is considered the father of OT in Morocco. He founded and currently serves as the president of the Occupational Therapy Association of Morocco. He has presented worldwide about the distinct value of OT and known for his advocacy to promote OT worldwide. He was awarded by the American Occupational Therapy Association the 2020 "International Service Award" for his outstanding international work. He is a member of the GATE Team, a group that is part of the World Health Organization that aims to improve access to assistive technology worldwide. He is a certified lymphedema therapist and board member of the Lymphedema Advocacy Group that aims to improve insurance coverage for compressions for lymphedema. <https://lymphedematreatmentact.org>

Title: The Role of Occupational Therapy in Lymphedema Management

Abstract: Lymphedema or, as they call it in Morocco "The Unknown Disease", affects an estimated 140 million people worldwide. Lymphedema can affect any part of the human body as a result a disruption to the lymphatic system. Lymphedema is not curable but can be managed to allow for optimal participation in daily activities. In this presentation, we will shed light on the role of OT and Manual Lymphatic Drainage (MLD) in managing lymphedema.

Learning objectives: After attending this presentation, attendees will be able to:

1. Identify what lymphedema is
2. Learn about the causes of lymphedema and its relation to cancer
3. Learn about the role of Occupational Therapy in the management of lymphedema

Safiya and Minna

<https://www.brainsaves.org>

Every year thousands of Moroccans suffer brain injuries or die as a result of road accidents. Some of these brain injuries can be prevented by simply wearing helmets when riding motorcycles or bicycles.

In 2017, Ayoub Alaoui a 25 years old male and the cousin of Safiya and Minna Nafai suffered a severe brain injury during a motorcycle accident. Sadly, he was not wearing his helmet and he died few hours later in the hospital.

In honoring Ayoub's life, Safiya and Minna decided to create BrainSaves, a nonprofit organization that aims to educate Moroccans on the importance of helmets and also donating helmets to children and adults to prevent brain injuries. To date BrainSaves has distributed at no cost many helmets inside Morocco.

Please consider donating helmets to this organization.

Thank you for your support.



Naima Souidi MS, OT, Morocco/Spain



Naima Souidi is a Moroccan Spanish occupational therapist. Naima is a Board Member of the Occupational therapy Association of Morocco. She works as a Quality Control Manager in an orthotics, prosthetics, and seating systems organization. She is currently a PhD candidate in the line of research: health, disability, dependence and welfare at the University of Salamanca, Spain. Naima received her Bachelor and Master's degrees from Castilla la Mancha University in Spain. Her clinical experience is in mental health, geriatrics, and spinal cord injury.

Oussima Agzannay MS, OT, Morocco/Spain



Oussima Agzannay is a Moroccan Spanish occupational therapist. Oussima is a Board Member of the Occupational therapy Association of Morocco. Oussima works at Orpea Neurorehabilitation in Madrid, Spain as an occupational therapist with 3 years of clinical experience in neurorehabilitation of adults. Oussima received her Bachelor's degree in Occupational Therapy from Rey Juan Carlos University in Madrid, Spain and then her Master's degree in Occupational Therapy in neurology at Miguel Hernández University in Alicante, Spain.

Title: Occupational Therapy and the Cultural Context: A Critical Analysis

Abstract: This presentation aims to define the impact of culture on Occupational Therapy, making a critical analysis of the meaning of occupation in the Moroccan population. Occupation is a tool that favors the autonomy of the person and promotes health and prevention of the illness. As a result, the need to adapt and validate the different evaluation scales occurs.

Learning objectives: After attending this presentation, attendees will be able to:

1. Define the impact of culture in OT
2. Make a critical analysis about the meaning of occupation to the Moroccan population
3. Identify the need to adapt and validate the evaluation scales according to the cultural context

Dr. Abderrazak Hajjioui MD, Psychiatrist, Morocco



Dr. Hajjioui is a physician and a Psychiatrist in Fes, Morocco. He is the Secretary General of the Occupational Therapy Association of Morocco. He is a professor and the Head of PRM Department, University Sidi Mohamed Ben Abdellah, Fez, Morocco. He is the chair of the research group Psychophysics and Rehabilitation, Clinical Neuroscience Laboratory. Dr. Hajjioui is the author of several articles published in national and international journals. In 2017, he received the National Disability Research and Innovation Awards. He has provided his expertise to Moroccan ministries and NGOs. He is a member of the ISPRM-WHO Committee. He is the vice and president elect of the MENA Spinal Cord Injury network.

Title: Rehabilitation needs for Morocco 2030: A Call for Action

Abstract: Morocco is called to respond to the call for action by the WHO «Rehabilitation 2030: A Call for Action» and must prepare for a change in epidemiological profile with a clear predominance of noncommunicable diseases and a change of mode of living. By 2030, the aging population is also increasing and the prevalence of disability in Morocco will reach 10%. All these conditions require the Moroccan government to provide adequate and well-equipped rehabilitation services that meet the needs of the current and future population with disabilities or those who need rehabilitation for different reasons.

Learning objectives: After attending this presentation, attendees will be able to:

1. Understanding the public health challenges facing Morocco in 2030
2. Appreciate the difference between the needs and the supply of rehabilitation services
3. Be convinced of the importance of engaging in WHO's action to strengthen rehabilitation by 2030

Dr. Monique Chabot OTD, OTR/L, CLIPP, CLA, USA



Dr. Monique Chabot is an Assistant Professor of Occupational Therapy at Thomas Jefferson University- East Falls campus (Philadelphia University + Thomas Jefferson University), USA. Before entering academia, she worked exclusively as an occupational therapist with older adults at home living with a variety of neuro-degenerative, orthopedic, and cognitive conditions, including dementia. She specializes in home modifications, dementia care, and aging in place for older adults in the community. She was awarded by the American Occupational Therapy Association the 2020 "Emerging and Innovative Practice Award". Dr. Chabot with the help of her colleague, Dr. Said Nafai, led 3 service learning and level one fieldwork trips promoting Occupational Therapy in Morocco with her Occupational Therapy students in 2017, 2018, and in 2019.

Title: Quiet Books: Engaging the Interest of People with Late-Stage Dementia

Abstract: People with late stage dementia often exhibit agitation and aggression during daily tasks with caregivers, especially during uncomfortable activities. In this case study, a quiet book was developed in order to provide client centered sensory stimulation to mitigate these responses and facilitate participation in following ADLs tasks.

Learning objectives: After attending this presentation, attendees will be able to:

1. Understand the impact of sensory stimulation and Tailored Activity Program principles in decreasing agitation in people with late stage dementia
2. Apply sensory stimulation and Tailored Activity Program principles to managing behavior symptoms in people with late stage dementia
3. Identify the benefit of a quiet book as sensory stimulation in reducing behaviors and increasing ADL participation in a client with late stage dementia

Dr. Inda Zango Martín PhD, OT, Spain



Dr. Inda Zango Martín is an occupational therapist and assistant professor OT department at the EUIT University Barcelona, Spain. Her work has been mainly focused in interculturality in Occupational Therapy (OT) intervention and occupational consciousness. She has been involved in diverse occupational-focused projects in Central America, Morocco, Ecuador, Tanzania, and Burkina Faso where she was the coordinator of the OT center to promote mental health. She has published several articles and two books, one about HIV-AIDS and their impacts on occupational engagement. Her second book was about community practice in OT. In 2019, she lectured in the only OT educational program in Morocco.

Title: Listening to Other Voices in Occupational Therapy: Considering Diverse Perspectives

Abstract: Existing OT culture has not yet fully articulated diverse world views on occupation, health, and well-being and the link between them. Considering the diversity of the global world, incorporating different world views would be a valuable contribution to expanding the relevance of OT. For this reason, taking into account diverse professional and OT students' perspectives from Morocco will help OT to critically think about theory and practice in Morocco in order to improve the quality of life of people affected by mental health problem without ignoring the diversity and offering answer to their occupational needs.

Learning objectives: After attending this presentation, attendees will be able to:

1. Analyze the relevance of OT in Morocco
2. Understand how occupation is understood in the Moroccan context
3. Reflect about the relevance of spirituality in OT intervention in mental health

Dr. Francisco Jesús Márquez Lanza PhD, OT, Spain



Dr. Francisco Jesús Márquez Lanza is an occupational therapist with a degree in Psychology. Dr. Márquez has 25 years of clinical OT experience in Dementia and Mental Health Services. He is an OT Professor at Malaga University since the beginning of the OT program in 2006. He was the President of the Andalucía OT Association for five years. He is the Director of the International Cooperation Project between Malaga University and Morocco. Dr. Márquez is a big supporter of OT in Morocco and has been collaborating with the Occupational Therapy Association of Morocco to promote OT in the Kingdom of Morocco.

Title: Analyzing Occupations in Order to Change Human's Behaviors and Habits

Abstract: Through clinical experience, observation, and analysis of everyday occupations, specifically the basic ones, Occupational Therapy practitioners are key to get any change in human behaviors or maladaptive habits. By changing or adapting daily activities and transforming them into adjusting habits, we can help our clients change their behaviors and thinking. The future of our OT profession is to investigate, educate, and intervene in the basic "Everyday Occupations" because OT practitioners have the knowledge and the training to intervene in populations with different background and cultures.

Learning objectives: After attending this presentation, attendees will be able to:

1. Reflect on new fields of OT intervention
2. Reflect on «After all, we are what we do to change who we are. (Eduardo Galeano)»
3. Analyze «Are the basic activities of daily living really transversal and universal?»

Wafae Chouhani Medical Student, Morocco



Wafae Chouhani is 23 years old, and was born and raised in Azrou, a small town in the Atlas Mountains region. She is 6th year medical student and was drawn to the medical field because of the complexity and intriguing nature of the human body. Throughout her medical studies, she has been enrolled in a club that organizes medical caravans to help underserved populations in Morocco. She passed the USMLE step 1 in February 2019 and she hopes to be able to go to her specialty training in the US. Her specialty of interest is psychiatry, neurology, and Internal medicine. Wafae likes to hike, travel, and read philosophical novels.

Title: Post-stroke depression and anxiety: a cross sectional study in Hassan II's teaching hospital

Abstract: In a country with a growing life span, the prevalence of stroke also rises. However, in this same population, data about the quality of life after stroke as well as post stroke depression and anxiety are limited, hence our ongoing cross sectional study conducted in stroke patients (in and outpatients) at Hassan II teaching hospital.

Learning objectives: After attending this presentation, attendees will be able to:

1. Understand the importance of post stroke depression and anxiety and their impact
2. Learn some factors that may influence the development of post stroke depression which might help in implementing screening protocols
3. Compare the prevalence of post stroke depression and anxiety in our population to other studies

*End of Conference
Closing Remarks & Certificates Distributions*

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Occupational Therapy Association of Morocco Events

Some of the events of the Occupational Therapy Association of Morocco in December 2019 and January 2020.

For more details please visit **www.OTAMO.org**

1) Saturday December 21st, 2019 American Alzheimer's Association Habilitation Therapy Training Curriculum for Professionals who work with people with Dementia and their families at the Nour Alzheimer's Association in Kenitra.

2) First CarFit event in Africa will take place in Kenitra December 21st, 2019 and in Rabat December 22nd, 2019.

CarFit can improve older adults drivers' safety by ensuring their cars are properly adjusted for them. A proper fit in one's car can greatly increase not only the driver's safety but also the safety of others. Please visit CarFit website for more details about this program.

www.car-fit.org

3) Backpack Awareness Events for school children and their parents to improve proper backpack wearing to minimize back and shoulders pain in children to maximize participation in education, play, and other meaningful activities for children.

4) Two training sessions for staff and parents of the Center of Autism in Tetouan, Morocco on December 31st, 2019 "Problem Solving Sensory Needs for Children with Autism" by Elizabeth Stevens-Nafai MS, OTR/L, CLT and "Feeding and Mealtimes for Children with Disabilities: Evidence and Best Practice" by Dr. Paula Rabaey PhD, OTR/L.

Exhibitors at the 2nd OTAM Conference

- University of New England
- Ibn Ghazi Arabic Institute Fes
- Ikram Argan Oil Therapeutic and Beauty Products

7:00-8:00PM



Oud al Ramal Musical Group
All attendees are welcome UNE Tangier Campus



 <https://youtu.be/6CW2Q9h6NUk>

Save the Date



Annual Conference of the Occupational Therapy Association of Morocco

**UNIVERSITY OF NEW ENGLAND
Tangier Campus, Morocco**



**Address:
Avenue Abi Chouaib Doukkali, Tangier 90000, Morocco**

Saturday January 2nd, 2021

8AM-4PM