

# Maine AHEC CUP Scholars

## Learning Activity Checklist



To qualify for the honors distinction in the Maine AHEC Care for the Underserved Pathway, students must successfully participate – at a minimum – in the following learning activities that are focused on caring for the underserved. Participation in these activities equates to 80 hours of didactic and 80 hours of community-based experiential learning during the two to three year enrollment. For more information, visit the Maine AHEC Scholars website at [www.une.edu/cupahecscholars](http://www.une.edu/cupahecscholars).

### AHEC Scholar programming focuses on the 8 core topic areas:

Interprofessional Education	Behavioral Health Integration	Social Determinants of Health	Connecting Communities & Supporting Health Professionals
Cultural Competency	Practice Transformation	Current and Emerging Health Issues	Virtual Learning & TeleHealth

#### YEAR 1:

- AHEC Scholar Orientation** (One 2 hour meeting in September)
- Community-Based Experiential Training Bootcamp** (One Saturday meeting in the fall semester) – Provides foundational and hands-on learning for the community-based experiential training opportunities.
- Didactic Lessons & Facilitated Debrief** – Scholars watch a series of recorded lectures on one or more of the 8 core topic areas and then attend a facilitated debrief once per semester.
- Rural Health Immersion** – Complete a three day rural or underserved health immersion in Maine. Rural health immersion experiences focus on unique public health and healthcare challenges and strategies in underserved communities. This multi-day learning opportunity combines in-class sessions with rural immersion opportunities including interprofessional service learning, integrated clinical health experiences, and community-based experiential training.

#### YEAR 2:

- Maine AHEC Case Competition** (Summer and Fall semester) – In small interprofessional teams, dissect a systemic health issue and develop a case analysis which focuses on building a better healthcare system.
- Health Equity Capstone** (40 hours during a fieldwork experience) – Through clinical and community-based learning opportunities, apply the critical knowledge and skills gained through the AHEC Scholars Program to promote health, address health disparities, and improve health equity in an underserved community in Maine.

#### YEAR 1 OR YEAR 2 (ONGOING):

- Interprofessional Experiences:**
  - Interprofessional Mini Grant (CECE)
  - Interprofessional Team Immersion (CECE)
  - Expanding Healthcare Diversity Workforce Pipeline Program
  - Other AHEC approved activity
- Community-Based Experiential Training:**

**Complete at least two** community-based activities with associated online modules over the two years:

  - AHEC Vaccine clinic with online vaccine module and vaccine training
  - AHEC Oral Health Prevention activity with online oral health module
  - AHEC Vision & Hearing Screening with Department of Education module
  - AHEC Expanding Health Workforce Diversity school-based presentation
  - Other AHEC Approved Community-Based Activity



After participation in each learning activity, you need to complete the evaluation survey to receive credit. The evaluation survey can be found online at [www.une.edu/ahec/cup-scholars](http://www.une.edu/ahec/cup-scholars). For more information about the CUP AHEC Scholars Program, please contact Ian Imbert ([iimbert@une.edu](mailto:iimbert@une.edu)) or Micaela Maynard ([mmaynard4@une.edu](mailto:mmaynard4@une.edu)).