

AZORES

LATIN AMERICAN SPORT & GENDER

SLM 290/290L

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Tentative Travel Dates: May 18-26 | Estimated Travel Fee: \$3,800

DAY 1 | Depart U.S.

You will take an overnight flight from Boston to Ponta Delgada on São Miguel Island in the Azores.

DAY 2 | Furnas

After arriving in São Miguel Island, travel to Furnas Lake to explore the biosphere that the Azores created to preserve wildlife. Learn about local 'cozido' style cooking using geothermal heat while enjoying lunch. Afternoon botanical garden visit to Terra Nostra Park with time for geothermal hot springs. Overnight in Ponta Delgada hostel. Welcome dinner.

DAY 3 | Ponta Delgada

Enjoy a walking tour of Ponta Delgada town and enjoy a foodie tour lunch before visiting Lagoa do Fogo and Caldeira Vehl's thermal pools. Meet with a local women's basketball team.

DAY 4 | Ponta Delgada

Visit a tea plantation and Ribeira dos Caldeirões park before meeting with a local women's football (soccer) team.

Sample Itinerary

DAY 5 | Ponta Delgada

Explore an agricultural market for lunch before meeting local women surfers and taking surf lessons.

DAY 6 | Sete Cidades

Enjoy hiking the green trails of Sete Cidades, famous for its twin blue and green lakes. After lunch, visit the Ferraria hot springs.

DAY 7 | Ponta Delgada

See more natural splendor at the Tronqueira Nature Reserve and hike Pico da Vara mountain. Enjoy dinner with local university students from the University of the Azores.

DAY 8 | Sete Cidades

Kayak and take a bike tour near Sete Cidades. Tour an arena and attend a basketball game or other sporting event in the evening.

DAY 9 | Fly to Boston

Take a final short hike at Lagoa do Congro, a lagoon formed in a crater, before heading to the airport for an overnight flight back to Boston.