

Gleanings

10 years ago

From the Journal Tribune: "State Medicaid officials were told last week that the Bush administration is proceeding with plans to cut \$12.2 billion from the Medicaid program over the next five years without Congressional approval. Maine officials estimate Maine could lose \$50 to \$60 million a year depending on which rule changes are finally implemented."

50 years ago

From the Biddeford-Saco Journal: "A federal selection committee seeking a site for an East Coast oceanographic research center will visit Eliot Dec. 10. Dr. Robert White, administrator of the Environmental Sciences Service Administration, advised Eliot officials today that the committee would inspect a proposed site near Dead Duck Inn on the Piscataqua River."

100 years ago

From the Biddeford Daily Journal: "Shot by mistake by the companion with whom he was hunting Sunday forenoon, Edgar Day, 53, died a few hours later at his home, East Lagrange. Day, accompanied by Wesley Casey, started on a hunting trip Sunday. They separated shortly after reaching the woods and a little later Casey, hearing a noise and seeing what he supposed to be a deer, aimed and fired."

— Ryder Schumacher

Today in History

Today is Monday, Nov. 21, the 326th day of 2016. There are 40 days left in the year.

ON THIS DATE:

In 1789, North Carolina became the 12th state to ratify the U.S. Constitution.

In 1864, a letter was signed by President Abraham Lincoln expressing condolences to Lydia Bixby, a widow in Boston whose five sons supposedly died while fighting in the Civil War. (As it turned out, only two of Mrs. Bixby's sons had been killed in battle.)

In 1934, the Cole Porter musical "Anything Goes," starring Ethel Merman as Reno Sweeney, opened on Broadway.

In 1942, the Alaska Highway, also known as the Alcan Highway, was formally opened at Soldier's Summit in the Yukon Territory.

In 1980, an estimated 83 million TV viewers tuned in to the CBS prime-time soap opera "Dallas" to find out "who shot J.R." (The shooter turned out to be J.R. Ewing's sister-in-law, Kristin Shepard.)

Today's Highlight in History:

On Nov. 21, 1922, Rebecca L. Felton, a Georgia Democrat, was sworn in as the first woman to serve in the U.S. Senate; her term, the result of an interim appointment, ended the following day as Walter F. George, the winner of a special election, took office.

TEN YEARS AGO

Kathryn Johnston, 92, was killed in a shootout with Atlanta police during a botched "no-knock" drug raid. (An FBI investigation led five officers to plead guilty for their roles in the shooting, while six others were reprimanded for not following department policy; the city of Atlanta agreed to pay \$4.9 million to Johnston's family.) A methane gas explosion at the Halemba coal mine in southern Poland killed 23 people.

FIVE YEARS AGO

Congress' bipartisan deficit reduction "supercommittee," tasked with finding \$1.2 trillion in cuts over a decade, failed; under the law that established the committee, inability to reach a compromise would trigger about \$1 trillion in automatic spending cuts in military and domestic government programs beginning in 2013. Author Ann McCaffrey, 85, whose vision of an interstellar alliance between humans and dragons spawned the science fiction "Dragonriders of Pern" novels, died south of Dublin.

ONE YEAR AGO

Belgian authorities closed down Brussels' subway system and flooded the streets with armed police and soldiers in response to what they said was a threat of Paris-style attacks. Louisiana Democrats reclaimed the governor's mansion for the first time in eight years as John Bel Edwards defeated Republican David Vitter in a runoff election.

— By The Associated Press

Quote of the day:

"Audiences are always better pleased with a smart retort, some joke or epigram, than with any amount of reasoning."  
— Charlotte P. Gilman, American lecturer and author (1860-1935)

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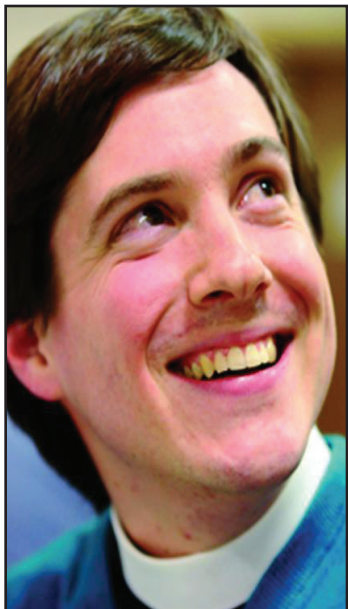
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St. David's Episcopal Church to welcome new rector



The Rev. Andrew D'Angio White

KENNEBUNK—St. David's Episcopal Church of Kennebunk will have a new rector starting next month.

The Rev. Andrew D'Angio White will begin celebrating services and preaching at St. David's on Sunday, Dec. 4.

He comes to Kennebunk from Newark, New York, where he served as rector for the Northeast Partners in Episcopal Ministry, a cluster of three congregations that share clergy leadership.

Prior to that position, he worked on a Navajo reservation and served as an assistant to the rector in Alexandria, Virginia.

D'Angio White was educated at Haverford College

and the Virginia Theological Seminary.

He and his wife, Sara, and their two young children, Maggie and Charlie, will move to Kennebunk later this month.

His formal installation by the Episcopal Diocese of Maine will be scheduled to take place at a later date.

The members of St. David's welcome The Rev. Andrew D'Angio White and invite the community to join them in celebrating his arrival.

St. David's Episcopal Church is at 138 York St. in Kennebunk.

For more information, call 985-3073.

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Carlisle Academy helps educate students in equine therapy



University of New England students worked in an equine therapy program with children this fall at Carlisle Academy in Lyman. Courtesy of Jere Gray

LYMAN—Carlisle Academy, a premier integrative riding school in Lyman, has partnered with the University of New England to introduce future occupational, physical and speech therapists to equine therapy.

Offered to students in UNE's Health, Wellness and Occupational Studies program in the Westbrook College of Health Professions, the course presents the fundamentals

of hippotherapy, which was developed in therapists in Germany and introduced to the United States in the 1980s.

Since that time, hippotherapy as a clinical treatment strategy has gained momentum and vital growth within the industry of animal-assisted therapy.

Equine therapy can be an effective approach for people with a variety of developmental, acquired or age-related challenges, as well as

people with issues related to substance, physical and emotional abuse.

The course, called "Introduction to Equine Therapy and Wellness," debuted during the Fall 2016 semester and includes lectures at UNE and lab sessions at Carlisle Academy in Lyman.

The course instructor is Susan Grant, a member of the Carlisle Academy clinical staff who is certified as a Hippotherapy Clinical Therapist.

"The students' learning progression has exceeded my expectations. We have been able to discuss treatment theories used by experienced occupational therapists," Grant said. "Students have witnessed, first-hand, magnificent neurodevelopmental changes in our children that directly resulted from our equine based work."

Students are excited about the opportunity to experience this unique learning opportunity as undergraduates.

"This type of hands-on learning is something you don't normally get to do until you're at the graduate level," said Megan Kenny, a Health, Wellness and Occupational Studies major.

Fellow student Randi Talbot agreed.

"This is the best course we've taken because we're already able to see results with the young riders engaged in equine therapy," Talbot said. "It's amazing."

Sarah Armentrout, Head of School at Carlisle praised the partnership.

"We are grateful that the University of New England

has allowed us to be part of their students' learning process," Armentrout said. "This is a rare university-level opportunity to gain insights and comprehension of hippotherapy and its applications to future clinical work."

Elizabeth Francis-Connolly, Dean of the UNE Westbrook College of Health Professions, said this course aligns well with the university's commitment to preparing the next generation of leaders in their chosen health professions.

"UNE has a long tradition of providing opportunities for our students to learn alongside experts in their chosen field," she said. "We are excited that our students are able to learn about hippotherapy from the experts and innovators at Carlisle Academy. This unique learning opportunity has strengthened our students' graduate school applications and readiness for post graduate education."

Carlisle Academy has built upon the reputation and success of the Equestrian Therapeutic Riding Center, founded in 1998 on a farm in Lyman. It impacts the lives of hundreds of children and adults with disabilities.

The academy is strengthened by an integrated mission and expanded program offerings, including hippotherapy and adaptive programs enhanced by the addition of para-equestrian sports, traditional equestrian education, and field training courses.

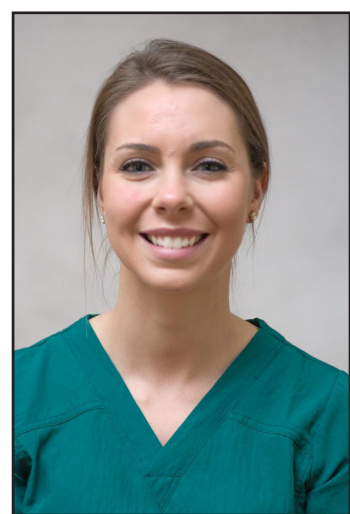
For more information, visit carlisleacademymaine.com or call 985-0374.

New radiation therapist at Cancer Care Center

SOUTH SANFORD—Amy Kane, Senior Radiation Therapist at The Cancer Care Center of York County is pleased to announce radiation therapist Emily Davis has joined the team at the Cancer Care Center in South Sanford.

Davis, a native of Hanover, Maine, received her training at Southern Maine Community College in South Portland.

A collaboration of Maine Medical Center and Southern Maine Health Care, the Cancer Care Center of York County is staffed by radiation oncologists from Spectrum Medical Group. The Cancer Care Center is the only radiation therapy center in York County.



Community Calendar

Friday Dec. 2

**Sanford Maine Stage's 'A Christmas Carol' debuts Dec. 2**  
SANFORD—The Sanford Maine Stage will present the holiday classic, Charles Dickens' A Christmas Carol for several performances beginning Dec. 2 to help spark the Christmas spirit.

Billed as a tale of greed and redemption, the show will be performed at Nason Little theater Dec. 2, 3, 9 and 10 at 7 p.m., with matinee performances at 2 p.m. Dec. 4 and 11. Tickets are \$12.

A special performance for students, at 9:30 a.m. Dec. 8, carries a \$5 ticket price. The performance is directed by Kelli Connors and produced by Mary A. Stair, who suggest making reservations to attend the show.

For more information, go to www.sanfordmainestage.org or visit their Facebook page, or call 324-8227 and leave a message.

Nason Little Theater is at 457 Main St., Springvale.

Friday Dec. 2

**A Charlie Brown Christmas opens Dec. 2**  
SANFORD—You can spend the lead-up to Christmas with Charlie Brown and the Peanuts gang when Our Theatre Company, Inc. presents the beloved holiday show, "A Charlie Brown Christmas," based on characters created by Charles M. Schulz at Sanford High School (Main Entrance) 52 SHS Blvd, Sanford.

Shows Dec. 2, 3 and 9 are at 7 p.m.; a matinee performance on Sunday, Dec. 11 is at 2 p.m.

Tickets are \$12 for adults and \$10 for seniors and children 12 and younger.

For reservations and more information, visit www.myotc.org.

Lotteries

MASSACHUSETTS

Numbers – 0-2-9-7 (day)/6-0-1-7 (evening)  
Numbers (Sat.) – 9-1-6-6 (day)/2-6-9-3 (evening)  
Megabucks (Sat.) – 08-09-15-20-41-43

NORTHERN NEW ENGLAND

Pick 3 – 4-8-6 (day)/3-3-9 (evening)  
Pick 4 – 7-3-7-0 (day)/0-8-9-4 (evening)  
Pick 3 (Sat.) – 3-2-3 (day)/2-0-4 (evening)  
Pick 4 (Sat.) – 6-5-4-9 (day)/7-9-9-2 (evening)  
Megabucks Plus (Sat.) – 10-16-18-26-40, Megaball: 1

NATIONAL

Hot Lotto (Sat.) – 08-09-10-27-30 Hot Ball 8  
Powerball (Sat.) – 16-24-28-43-61, Powerball: 21, Power Play: 2