

# CIGNA EASY CHOICE TOOL



## A decision support tool

### Need help deciding on your medical benefits?

Your employer has partnered with Cigna to help you decide what medical plan is right for you. Using Cigna Easy Choice Tool, you can answer some questions and the decision support tool will provide you with plan choices, which you can compare and review.

Use the access code provided by your employer to log in at:

➤ [CignaEasyChoice.com](http://CignaEasyChoice.com)

### Stay connected on myCigna

Keep track of your plan activity and health all year long with myCigna<sup>SM</sup>.

Use [myCigna.com](http://myCigna.com) or the myCigna App to:

- Find an in-network doctor or other provider
- Compare cost and quality information
- Manage and track claims
- Track account balances and deductibles

### Have the following information handy

#### Family

Are you covering dependents?

Yes  No

If so, are any dependents living outside of their home Zip code?

Yes  No

If yes, please list the Zip code(s):

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

#### Primary care provider (PCP) or specialist (if applicable)\*

Name, address and phone number of your doctor or specialist for every person covered on your plan.

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone number \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone number \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone number \_\_\_\_\_

\* If the plan you select requires a PCP, this information helps determine if your PCP is in-network.

**Together, all the way.®**



Offered by: Cigna Health and Life Insurance Company, Connecticut General Life Insurance Company or their affiliates.

# Frequently asked questions

## Get helpful answers to some common questions

### **What if I don't have all the information on the checklist during the decision-making process?**

If you need to leave the tool and return later, the tool provides you with a reference number of your visit. The tool can email your reference number to you, so that you have a record of it. Use this reference number to log back in and continue the decision-making process.

### **Can I go back and change my answers to the questions while in the tool?**

Yes, you can make changes or review your responses while you're using the decision support tool.

### **What happens after I have completed the decision-making process?**

After you click Complete, you can either save or email a PDF of your selections, or print your selections for reference during your company's Open Enrollment process.



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