

CENTER FOR EXCELLENCE in the NEUROSCIENCES



S E M I N A R S E R I E S

Feldenkrais Somatic Learning principles of neuro-plasticity as applied by second generation Movement Intelligence created by Ruthy Alon

Gretchen Langner
Feldenkrais® Practitioner
Movement Intelligence trainer
Portland, Maine

Thursday, April 23rd 2015
12:00-1:00 p.m.

Alfond 113
UNE, Biddeford Campus

Lunch will be provided

Hosted by: Michael Burman, Ph.D.
Sponsored by: The Center for Excellence in the Neurosciences



Gretchen Langner is a Guild Certified Feldenkrais® Practitioner and Movement Intelligence Trainer. Since 2001 she has been the US Coordinator of Movement Intelligence Programs created by Ruthy Alon.

Gretchen has been instrumental in the growth and develop of the US Movement Intelligence programs, a series of world-wide educational programs serving public education, and specific certification for program teachers. She has been responsible for all program activities which include implementation,

marketing, communications, and administration.

She co-created the Foundation for Movement Intelligence, a non-profit arm in the US and Canada which is headquartered in Portland. She established the administrative base and served on the Foundation board as VP, Treasurer, and board member.

Gretchen focuses on actively promoting the targeted, integrated, and reliable content found in the Movement Intelligence programs. Serving in a liaison role, Gretchen was involved in a presentation at NASA's Johnson Space Center, and a poster presentation at Aero-Space Medical Association, clinical research by UNH and an ANA-Maine approved program submission for continuing education.

Relating to neuro-plasticity as mentioned in Norman Doidge's "The Brains Way of Healing" Gretchen will speak about Feldenkrais somatic learning principles and how they have been expanded and made easier to apply in Movement Intelligence programs.