

# EXPAND YOUR HEALTH HORIZONS AT MAINE.GOV/PHT!



ONLINE  
TRAINING FOR A  
HEALTHIER MAINE  
IS NOW **FREE**  
WITH MAINE PHT.

Whether you're an experienced public health professional...want to learn about this important field... or have a personal interest in one of our featured topics...**Public Health Training (PHT)** is for you.

PHT is a convenient, free online resource that you can use whenever and wherever you choose. Our current training modules include topics like Lyme Disease, Food Issues, Bedbugs and Safe Drinking Water, with more in development all the time. Each one is carefully designed to take you through what you need to know to help create a healthier Maine, from the basics through advanced concepts and knowledge.

How can you get started? Go to **Maine.gov/PHT** and click on a topic of interest for a full descriptions. Then click **Sign up for a course!**



*PHT was jointly developed by The Maine CDC, The New England Public Health Training Center at the University of New England and the Hanley Center for Health Leadership, with contributions from many other organizations statewide and across New England.*