

CENTER FOR EXCELLENCE in the
NEUROSCIENCES



JOURNAL CLUB

**Journal Club
Scrambler Therapy: New
Treatment of Chronic
Neuropathic Pain**

Alan Ross, M.D.

Physiatrist

Multi-modal Pain Management

Augusta, Maine

Tuesday, December 9th 2014

12:00-1:00 p.m.

Pickus 214

UNE, Biddeford Campus

Lunch will be provided

Hosted by: Edward Bilsky, Ph.D.

Sponsored by: The Center for Excellence in the Neurosciences



Dr. Ross has treated persons with chronic pain since 1998 in Augusta Maine. About half of his patients have spinal pain; the rest span the pain spectrum. He practices OMT and cranial field osteopathy on about half of his patients. His treatment modalities include exercise prescription, diet and lifestyle counseling, scrambler therapy, injections--corticosteroid, Botox, or prolotherapy--and pharmacotherapy. Dr. Ross practices tai chi, qigong, yoga, and meditation, which inform his approach to patient care.

He earned a BS in Biology from the City College of New York in 1990, and a MD from Columbia College of Physicians and Surgeons in 1994. He survived internship at Maine Medical Center, and completed his residency in Psychiatry--also known as Rehabilitation Medicine--at the University of Michigan in 1998. He is board certified in Psychiatry.

Dr. Ross owes a debt of gratitude to the University of New England College of Osteopathic Medicine, where he has taken many OMT and cranial courses.

Please read articles prior to attending:

Predictive Factors Associated with Success and Failure for Calmare (Scrambler) Therapy: A Multi-Center Analysis

Scrambler Therapy May Relieve Chronic Neuropathic Pain More Effectively Than Guideline-Based Drug Management: Results of a Pilot, Randomized, Controlled Trial

Contact Anne Leslie (aleslie1@une.edu) for article PDFs.

Center for Excellence in the Neurosciences

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