



SCOTLAND

Environmental Physiology

BIO 334 (3 credits)

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This spring course focuses on the various forms of environmental stress and how the human organism responds physiologically to them. Through lectures and labs, students will study how physical performance is affected by environmental stressors. In Scotland, students will study the combination of a period of rich history in the 1300s while also examining the physiological and environmental stresses experienced by the Scottish Army marching over the country's rugged coastline and challenging highlands.

Highlights will include exploring the cities of Stirling, Fort William and Edinburgh, traveling through the Scottish Highlands' Grampian and Monadhliath Mountains and viewing Ben Nevis, Britain's highest mountain. Students will travel to the breathtaking Isle of Skye, passing Eilean Donan Castle, stopping at the Trotternish Ridge with its spectacular cliffs and rock formations and viewing the dramatic sea cliffs of Neist Point. Students are encouraged to apply for travel scholarships in the Global Education Office.

Prerequisite: BIO 209 or BIO 345

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