



Management of Anxiety and Insomnia: A Review for the Clinical Provider

- Schedule:** March 1, 2017
12:15- 12:15 pm
Building 210 – Theater
VA Maine Health Care System Togus
- Audience:** Accredited for Pharmacist
Other interested health care professionals welcome
- Credits:** 1 Contact Hour of Knowledge base
.1 CEU will be awarded under the provider
#0837-9999-17-011-L04-P
- Presenters:** **PGY1 Residents**
Brett Glasheen, PharmD
Emily Stoukides, PharmD

Learning Objectives:

After attending this program, participants will be able to:

- 1. Compare and contrast the conditions of anxiety and insomnia*
- 2. Review pharmacologic and non-pharmacologic treatment options for the management of anxiety*
- 3. Review pharmacologic and non-pharmacologic treatment options for the management of insomnia*
- 4. Discuss potential treatment recommendations for several case presentations*

Requirements for Receiving CE Credit:

- Successful completion of post-presentation questions
- Participation at live program
- Complete program evaluation form

This program is approved under program provider #0837-9999-16-011-L04-P by the Accreditation Council for Pharmacy Education for 1.0 contact hour or .1 CEU's

Statement of disclosure: Disclosure will be made on the day of the program regarding any interest or affiliation a speaker may have with a supporting organization.



University of New England College of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of Continuing Education.