

28th Annual Maine Geriatrics Conference – June 14-15, 2018 (Thurs & Fri)
Harborside Hotel, Bar Harbor Maine

“Where Policy Meets Practice”

Planning Committee: Elizabeth Gattine (USM/Muskie), Kalie Hess (MPCA), Len Kaye (UMaine Ctr on Aging), Cliff Singer (EMHS/DGS), Tanya Sleeper (UMaine Fort Kent (Aroostook Cty), Judy Rawlings (MCOA); Holly Zielinski, (M4A), Val Sauda (Husson) Co-Chair, Marilyn Gugliucci (UNE/UNECOM) Chair.
 Ex-Officio Members: Ami Esquivel, Susan MacPherson

Speaker Bios: Alphabetical Order

Mark Brennan-Ing, Ph.D.

Dr. Brennan-Ing is a Senior Research Scientist at the Brookdale Center for Healthy Aging at Hunter College, City University of New York, and an Adjunct Professor at the New York University Rory Meyers College of Nursing. Dr. Brennan-Ing’s research focuses on psychosocial issues affecting persons living with HIV and older sexual and gender minority adults. He is Past-President of the State Society on Aging of New York, a Fellow of the Gerontological Society of America (GSA), and past Board Member of the New York Association on HIV over Fifty (NYAHOF). He was the Principal Convener for GSA’s HIV/AIDS and Aging interest group, a member of the American Society on Aging’s LGBT Aging Information Network Leadership Council, and 2016 Chair of the American Psychological Association’s Committee on Sexual Orientation and Gender Diversity. In February 2011, he was invited to be a member of the NIH Office of AIDS Research Working Group on HIV and Aging. Dr. Brennan-Ing has been recognized for his work in the field of aging by the Hunter-Brookdale Center on Aging, Pride Senior Network, and the New York State Office for the Aging. Dr. Brennan-Ing was the lead editor on the seminal book on aging with HIV published in 2009; *Older Adults with HIV: An In-depth Examination of an Emerging Population*, and the 2016 volume, *HIV and Aging: Interdisciplinary Topics in Gerontology and Geriatrics (vol. 42)*, which received a “High Commendation” from the British Medical Association. He has authored over 100 peer-reviewed articles, chapters and books.

Sandra Butler, Ph.D., M.S.W.

Dr. Butler teaches courses in social welfare policy and macro social work practice. Her research focuses primarily on the health needs and social welfare experiences of low-income women across the life span. Her publications are in the areas of poverty, direct care workers, public assistance, older workers, rural aging, the impact of higher education for low-income mothers, GLBT aging, lesbian health, homelessness, teen parenting and pregnancy, and policy practice.

She was a Hartford Geriatric Social Work Faculty Scholar from 2001 to 2003, which allowed her to expand her teaching, scholarship and community service in the area of aging. In 2010, she became a Hartford Faculty Research Mentor. Since its inception in 2001, she has been affiliated with the University of Maine Center on Aging, participating on several research and service projects. In 2008 she received an Academic Research Enhancement Award (R-15) from the National Institute on Aging to look at retention and turnover among home care workers, with a particular focus on older workers. This three-year project involved student training in research methods. She works closely with the statewide advocacy organization, Maine Equal Justice Partners, by researching the impact of state policy on low-income populations in Maine. She is a member of the national Scholars Strategy Network.

She has served on the boards of a variety of community and state organizations including the Maine Women’s Lobby, Maine Women’s Policy Center, Family Connections (serving kinship families),

Spruce Run (battered women's program), and the Mabel Wadsworth Women's Health Center. She has been involved in legislative advocacy on welfare, providing assistance to kinship families, and civil rights for gays and lesbians. From 2002-2004, Dr. Butler coordinated the statewide Relatives as Parents Project (RAPP) Network. She served on an advisory panel for a national needs assessment regarding services of GLBT elders from 2002-2003. She is on the editorial board of the Journal of Poverty, Journal of Community Practice, and the Journal of Gerontological Social Work and is frequently invited to review manuscripts for other journals.

Mary Lou Ciolfi, J.D., M.S.

Mary Lou holds a Bachelor's degree from the University of Chicago; a law degree from the University of New Hampshire School of Law; and a Master's degree in Health Policy from the University of Southern Maine, Muskie School of Public Service. She received the Outstanding Capstone Award for her work on the Diffusion of Innovation theory.

Prior joining the Cutler Institute and Muskie School staff, Mary Lou was the administrator of an assisted living facility for over 10 years and she also practiced law in Brunswick, Maine for over 17 years.

Eileen Fingerman, M.D.

Eileen Fingerman, MD is a Faculty Physician and Geriatrician at Maine-Dartmouth Family Medicine Residency in Augusta, Maine. She graduated from the University of Massachusetts Medical School in Worcester, Massachusetts and completed her Fellowship in Geriatrics where she is now employed. She is a Clinical Assistant Professor at Geisel School of Medicine and The University of New England. She is a Certified Medical Director and Diplomat American Board of Family Practice. She holds a Certificate of Added Qualifications in Geriatrics from the American Board of Family Medicine. Dr. Fingerman is also interested in women's health, geriatrics, addiction medicine, alternative and complementary medicine, family therapy, hypnosis and nutritional counseling.

Amy Gallant, B.A., M.S.

Amy is the AARP Maine Advocacy Director, responsible for state legislative advocacy and Congressional District 1 community/volunteer engagement. Prior to AARP, Amy was the Advocacy Coordinator for Preble Street, advocating on issues of hunger, homelessness and poverty. She is a commissioner on the Permanent Commission on the Status of Women in Maine. Born and raised in Buxton, Amy graduated from Catherine McAuley High School. Amy has a Bachelor's degree in Politics from Saint Anselm College and a Masters in Global Affairs from New York University.

James Goodwin, Ph.D.

James Goodwin, PhD is Chief Scientist at Age UK, Europe's largest charity supporting older people. He is a professor in the Physiology of Ageing at Loughborough University and the University of Exeter Medical School. He speaks regularly in the UK, Europe, Canada and the USA on all aspects of ageing and specializes in communicating science to the media, the public and business professionals. In March 2014, Dr Goodwin was elected as a Fellow of the Academy of Social Sciences. In 2015, he was appointed a Board member of Optum Labs' Alzheimer's Disease Research Initiative in Boston, USA. In 2016, he became a founding member of the Global Council for Brain Health, a joint venture with AARP, the leading organisation for the over 50s in the United States.

Claus Hamann M.D., M.S.

Claus Hamann, MD was the Chief Population Health Officer at Beacon Health, Eastern Maine Healthcare Systems up until May 2018. In his role as an elder care and medical management leader, he was recognized for integrating quality, safety and efficiency of health care for vulnerable patients and populations. As of June, Dr. Hamann is providing clinical care and consulting under InformAge, a company of which he is sole proprietor and employee.

John Hennessy

John Hennessy is an independent consultant formerly with AARP and Moose Ridge Associates of Augusta. He has 18 years of public policy advocacy, government relations, and project management experience. He has successfully advocated for issues of behavioral health, long term care, early care and education, people living with disabilities, poverty, HIV/AIDS, LGBTQ Aging, Social Security & Medicare, civil rights and primary health care providers. He is the co-founder of the Maine Council on Aging and currently works with the Episcopal Church in Maine directing their social justice work.

Prior to his work in the state house in Maine, John was the marketing director G. H. Bass & Company, a division of the Philips Van Heusen Corporation of New York City, and C. & J. Clark America, of Kennett Square, PA. He was responsible for domestic and international sales and marketing for two of America's best known footwear and apparel brands for over two decades.

He is a founding board member of SAGE Maine – Advocacy & Services for LGBT Elders. Prior volunteer work includes the Vestry of the Cathedral Church of St. Luke, Equality Maine Foundation Board, Dirigo Alliance Board, the campaign to defeat TABOR, and on the Steering committee for No on 1 (2005).

Donna Hyde, M.S.N./Ed, R.N.

Donna is a graduate of the University of New England and has spent her clinical nursing career in adult medical/telemetry nursing as well as intensive care. Her years prior to nursing were in an outpatient setting as a medical assistant. She became a nursing faculty member at UNE in 2012, gravitating towards educating students in the care of the older adult. She has developed and continues to refine the senior-level nursing course of Gerontology. Through life experiences, continuing education, mentorship and self-study, she has remained committed to assuring that students are exposed to a favorable view of older individuals, both in acute care and community/home settings.

Kara Janes, L.M.S.W.

As a resident of Maine, Kara Janes has spent a lifetime with elders through various roles and professions. In her first career as a police officer, she had the opportunity to witness issues that affect the elderly population. That experience inspired her to pursue a Master's degree from the University of Maine in 2012. As a graduate student, she volunteered to participate in the "Learning by Living" research project, developed by Marilyn R. Gugliucci, Ph.D., director of Geriatrics Education and Research. As a participant of this research project, Kara lived the life of an elder resident in a nursing home for two weeks. Kara found this to be an invaluable experience and was recognized by the National Center on Caregiving with the Family Caregiver Alliance award. Kara became the Program Manager of At Home, serving the Blue Hill Peninsula, in the fall of 2012. In 2015 under Kara's leadership, the program expanded to serve the elderly on Mount Desert Island as well.

Ben Jenkins, J.D.

Ben Jenkins is the Litigation Director at Legal Services for the Elderly. LSE provides free, high quality legal services to Maine's socially and economically needy elderly age 60 and over. Ben supervises eight civil litigators who represent Mainers in courts and administrative hearings around the state. Much of LSE's litigation work involves instances of financial exploitation and abuse. Prior to joining LSE, Ben practiced as a commercial litigator at Maine's largest law firm with cases around the country.

Lenard Kaye, Ph.D., D.S.W.

Dr. Lenard W. Kaye is Professor of Social Work at the University of Maine School of Social Work and Director of the UMaine Center on Aging. During the 2014-2015 academic year he was honored with the University of Maine Trustee Professorship. A prolific writer in the field of health care and aging, he has published more than 150 journal articles and book chapters and 14 books on specialized topics in aging including home health care, productive aging, rural practice, family caregiving, controversial issues in aging, support groups for older women, and congregate housing. His pioneering research and writing on older men's caregiving experiences and help-seeking behaviors, is widely recognized and frequently cited. His most recent co-authored book is *A Man's Guide to Healthy Aging: Stay Smart, Strong, and Active*, John's Hopkins University Press (2013). Dr. Kaye is the director of the Encore Leadership Corps (ENCORPS), Maine's statewide, older adult volunteer service and community revitalization program, Co-Director of Evaluation of the Penquis Regional Linking Project, a federally-funded regional partnership grant working to build a trauma-informed system-of-care network for families affected by substance abuse in Penobscot and Piscataquis Counties and Co-Principal Investigator of the NIH-funded research project: Balancing Act: Impact on Falls in Older Adults with Vision Impairment. Dr. Kaye is also the lead organizer of the International Symposium on Safe Medicine, and a founding board member of the International Institute for Pharmaceutical Safety. He has managed a series of John Hartford Foundation-funded gerontological social work education programs at the University of Maine. Dr. Kaye, the 2010 recipient of the Career Achievement Award of the Association for Gerontology Education in Social Work (AGESW), he has served on the National Advisory Committee for Rural Health and Human Services of the U.S. Department of Health and Human Service as well as the advisory boards of a wide range of national and local health and human service programs serving older adults. He is a National Research Mentor for the Hartford Geriatric Social Work Scholars Program, a Research Scientist at Eastern Maine Medical Center, and Past President of both the Maine and New York State Gerontological Societies. He is the Past Chair of the National Association of Social Worker's Section on Aging, sits on the editorial boards of the Journal of Gerontological Social Work and Geriatric Care Management Journal, and is a Fellow of the Gerontological Society of America.

Dee A. Kerry B. Ed.

Dee Kerry serves as the Project Manager for the Maine Suicide Prevention Training Initiative, a collaborative effort of the Maine Medical Association and NAMI Maine. In this capacity, Dee is working to increase outreach to primary care organizations to increase the number of trained clinicians in Maine, assisting NAMI in providing on-site assessments, providing medical education credit for participants and assuring that medical practices are providing best-practices services to reduce suicide among youth and the highest risk categories of Maine people. In addition to this role, Dee serves as the Executive Director for the Maine Chapter of the American Academy of Pediatrics, is on the Alumni Board of the Hanley Leadership Development Program and is active on numerous statewide committees to improve the health and well-being of children and the elderly in Maine.

Rebecca K. MacAulay, Ph.D.

Dr. Rebecca MacAulay is an assistant professor in the Psychology Department at the University of Maine at Orono. Dr. MacAulay received her BA in Psychology from the University of California at Los Angeles (UCLA) and earned her PhD in Clinical Psychology from the Louisiana State University (LSU). She completed her clinical internship at the Medical University of South Carolina and Ralph Johnson VAMC. She has specialized research and clinical training in neuropsychological assessment and cognitive-behavioral interventions working with a wide range of psychiatric, medical and neurological disorders. Her research program aims to establish time-efficient and economically affordable evidence-based assessment measures and interventions for cognitive decline in middle to older adults. She is currently working on the Maine Understanding Sensory Integration and Cognition (MUSIC) project to investigate the effects of music learning on cognitive function and quality of life in community dwelling older adults. Her second line of research focuses on

identifying factors that increase risk and resilience to cognitive decline. She is specifically interested in the link between cognition and gait as it relates to depression, dementia and fall risk.

Greg Marley, L.C.S.W.

Greg Marley is the Clinical Director of NAMI Maine. He has practiced in the field of community mental health and prevention in Maine for over 25 years. Since 2007, Greg has developed and presented training and education supporting the needs of a diverse set of partners in suicide prevention and systems integration of prevention activities. He comes to this work from a background in crisis and emergency services, clinical treatment, substance abuse prevention, and program management. Greg has presented across Maine and New England to a variety of audiences in suicide prevention, substance abuse prevention, mental health and other topics.

Jessica Maurer, J.D.

Jess Maurer is the Executive Director of the Maine Council on Aging, a broad, multidisciplinary network of over 65 organizations, businesses and older community members working to promote the safety, independence and well-being of all older adults in Maine. She advances statewide public policy initiatives that support the health and economic security of older Mainers and provides leadership within Maine's aging network. She is the co-author of a report entitled Building a Collaborative Community Response to Aging in Place and Maine's Blueprint for Action on Aging. She leads the Maine Aging Initiative and the Tri-State Learning Collaborative on Aging and annually organizes statewide and regional events that advance aging policy.

A licensed Maine attorney, Jess worked for nearly 17 years in the Maine Office of the Attorney General. In her last 7 years in the Office, she served as a Special Assistant Attorney General, implementing public policy and legislative initiatives for the Attorney General. She is a graduate of the University of Maine School of Law and the University of Massachusetts at Amherst.

Nate Miller, L.M.S.W.

Nate Miller is a Licensed Master of Social Work (LMSW) in the State of Maine. He studied social work and psychology at the University of Maine at Farmington, Oxford Brooks University and the University of New England. He has over 15 years of experience in social work, mostly working in aging and disability services in facilities and communities throughout Maine. He is a Savvy Caregiver Trainer and a Tai Chi Instructor. He is currently the Community Services Manager at SeniorsPlus, the Area Agency on Aging for Androscoggin, Oxford and Franklin counties. Nate has a special interest in, and passion for, improving population health and socio-economic determinants of health. His work has been featured by the Tri State Collaborative on Aging, the University of Maine System-Wide Aging Initiative and Maine Quality Counts. He is also the 2017 recipient of the Healthy Androscoggin Partnership Award.

Kristin Overton, M.B.A.

Kristin Overton joined Spectrum Generations in 2006 under Bridges Home Services overseeing their in-home care, technology systems, community case management, reverse mortgage counseling, veteran-directed home and community based care, and Adult Day and Community Support programs. Prior to joining Spectrum Generations, she spent time in the banking, residential apartment rental, and temporary staffing industries. Kristin is a 2003 University of Maine at Farmington graduate with a BS in Business Economics and holds a Masters of Business Administration with a graduate certificate in Non-Profit Leadership from Southern New Hampshire University.

Lori Parham, M.S., Ph.D.

Lori K. Parham, Ph.D., is AARP Maine's State Director, leading the states advocacy and education efforts on health and financial security issues statewide. She began her career at AARP in Florida.

Before becoming Florida State Director in early 2007, she served as Manager of Advocacy and was responsible for policy and legislative advocacy.

Parham has extensive knowledge of health and long-term care issues. Before joining AARP, Parham served as a legislative analyst for the Florida Senate, providing technical expertise to the Committee on Health, Aging and Long-Term Care. She also served as staff for the Florida Agency for Health Care Administration (AHCA), focusing on long-term care issues. Prior to her work at AHCA, Parham worked at the Florida State University, Pepper Institute on Aging, where she was involved in multiple research projects on long-term care.

Parham oversees AARP Maine's efforts to engage cities and towns in creating livable communities for people of all ages, with a specific focus on economic development and aging in place. She has presented to multiple groups on the importance of Maine taking a collaborative and proactive approach to building age-friendly communities.

She has a B.A. in Sociology from Belmont Abbey College, as well as a M.S. and Ph.D. in Sociology with a specialization in Political Economy and Aging from the Florida State University. She sits on the Board of Avesta Housing.

Valerie Sauda, M.S.N, R.N-B.S., MGSF

Valerie Sauda is Assistant Professor of Nursing at Husson University in Bangor, ME. She has twenty five years of nursing experience in hospital, community settings and practice, and in nursing education. Val received her BS in Biology and MSN from the University of Southern Maine and is a current PhD student at the University of Maine. Her areas of interest include working across the generations, working with older adults, and ensuring quality nursing interprofessional education is available in rural areas.

Kimberly Snow, M.H.S.A.

Kimberly Snow is a research associate at the Muskie School of Public Service at the University of Southern Maine. Much of her work at the Muskie School has revolved around health care policy and data analytics relating to older adults and adults with disabilities. She has produced chartbooks and issue briefs for the Maine Department of Health and Human Services that detail MaineCare services and expenditures for these populations. Ms. Snow also participates on the Federal Evaluation team for the CMS Financial Alignment Initiative to integrate Medicare and Medicaid services and payments for dual eligible beneficiaries.

Stephanie Studenski, M.D., M.P.H.

Stephanie Studenski MD, MPH is a nurse and physician with certifications in Internal Medicine, Rheumatology and Geriatrics. For the last 30 years, she has provided clinical care, taught, performed research and led programs in aging at Duke, Kansas, Pittsburgh and the NIH. Her work has focused on aging, mobility and physical function, as well as body composition changes with aging.

James VanKirk, M.D.

Jim VanKirk, MD is the medical director of the Palliative Care program at Eastern Maine Medical Center and active member and educator for the Maine State POLST Coalition. He serves on the Maine State Palliative Care Advisory Council and chair of the Maine Hospice Council Board.

Susan Wehry, M.D.

Dr. Wehry is passionate advocate for all things aging. A geriatric psychiatrist with over 30 years of experience, she has held a variety of clinical, administrative, academic and consulting roles across

the country. Prior to her recent return to Maine, Dr. Wehry served as Commissioner for the Department of Disabilities and Aging in Vermont.

Susan says she is thrilled to be back in Maine and sums up her career like this: *Whether I'm at the bedside, at the State house or in the classroom, I have one aim in mind: to advocate for the highest quality of life for all older adults and those who serve them.*

David C. Wihry, M.P.A.

David Wihry is a Project Manager with the University of Maine Center on Aging, where he coordinates or contributes to a variety of aging-focused research and evaluation projects. David's primary research projects involve examining the effectiveness of systems-change and community-led efforts to support aging in place.